



**NSS UNIT**  
**(NATIONAL SERVICE SCHEME)&**  
**Department of Community Medicine**

**NSS Annual Report 2019-20**

National Service Scheme popularly known as NSS, the scheme was launched in Gandhi Centenary year, 1969 and aimed at developing student's personality through community service. The overall objective of National Service is Educational. This objective is attained through the service to the community.

Hon'ble Dean of the institute, Dr. Mrunal S. Patil gave responsibility of NSS unit to Dr. Rakesh Patil, NSS programme officer and Mr. Dilip Gaikwad, NSS Coordinator. Institute has 150 volunteers for NSS unit in the current year as per guidelines given by MUHS Nashik. We had enrolled total 150 NSS volunteers for current academic year 2019-20.

With the permission of Hon'ble Dean, as per discussion with NSS committee members, N.S.S. activities were planned. Discussion on for regular as well as special camping activities and programmes was held which helped them to organize and execute effectively.

**NSS Activities 2019-20**

**1) Organ Donation Rally**

The Programme was conducted on 4th September 2019 to create awareness among common public about Organ Donation and to sensitize them about the importance of Organ Donation. After inaugural function at Golf Club Ground, Nashik at 7.30 am by Dr. Deelip Mhaisekar, Hon'ble Vice Chancellor, MUHS Nashik and Hon'ble Dr. Mohan Khamgaonkar, Hon'ble Pro-Vice Chancellor, MUHS Nashik, students were addressed about importance of Organ Donation.

100 MBBS Undergraduate students participated in rally. Then 5 km rally of NSS volunteers and other medical students started from Golf Club ground, Nashik, to main crowded area of Nashik through Main Road, Mahatma Gandhi Road.

A skit on Organ Donation Awareness was performed by 15 students at Shree Chatrapati Shivaji Stadium, Nashik.



**Organ Donation Rally by NSS Volunteers**



**Skit on Organ Donation Awareness by students**

## **2) Pledge for single use Plastic Ban & Plastic free campus**

- The event was held on 2nd October 2019 on the occasion of "Mahatma Gandhi Jayanti" to spread awareness among students for ban on single-use plastic items and substitute available for it and to promote activities for plastic free campus.
- Faculty from Dept. of Community Medicine & Dept. of Pharmacology of Dr. VPMCH & RC Nashik took a session for 45 minutes on 'Awareness of single-use plastic ban and substitute items available for daily use' for NSS and MSAI students.
- It was followed by 'Cleanliness drive for plastic free hostel campus' by faculty & students within the hostel premises and adjacent ground for about 1 hour.
- Pledge was taken by faculty and students to ban plastic use especially single-use plastic items in daily life.
- Student and faculty participated enthusiastically during the activity which helped them to understand magnitude of plastic related pollution. Participants were encouraged to take similar activities on their own to protect our mother earth.



**Plastic free campus activity & Pledge for Plastic Ban**





**Awareness session on single-use plastic ban for students**

### **3) Fit India Initiative**

- The event was held on 2nd October 2019 on the occasion of "Mahatma Gandhi Jayanti" to spread awareness of life style related diseases and to promote activities for healthy lifestyle among students.
- Faculty from Dept. of Community Medicine & Dept. of Pharmacology of Dr. VPMCH & RC Nashik took a session for 45 minutes on 'Awareness of life style related diseases along with their prevention & control' for NSS and MSAI students.
- It was followed by 'Demonstration of green gym facility' by Sport and NSS secretaries for students for about 1 hour.
- Student and faculty participated enthusiastically during the activity which helped them to understand importance of physical activity. Participants were encouraged to take similar activities on their own to protect their own health.



**Green Gym Demonstration under Fit India Initiative**

#### **4) Participation in 'Paryatan Parv-2019' - online Quiz**

The Ministry of Tourism, Government of India has organized the “Paryatan Parv 2019 Quiz”. The Paryatan Parv 2019 Quiz was intended to create interest and awareness amongst the students & faculty on various tourist destinations and encourage them to visit different tourist destinations in Incredible India. There were 20 quiz questions on Indian culture, heritage, festivals and destinations to be answered in 5 minutes. Faculty and students participated in this online quiz in the month of October 2019 on Ministry of Tourism web portal.



#### **Student & faculty certificates of participation in Paryatan Parv Quiz**



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## 5) Communal Harmony Campaign Week & Flag Day

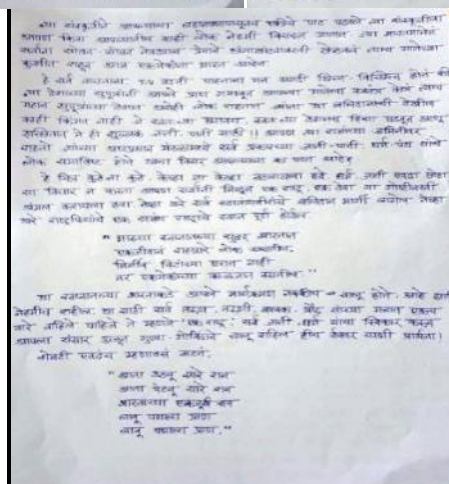
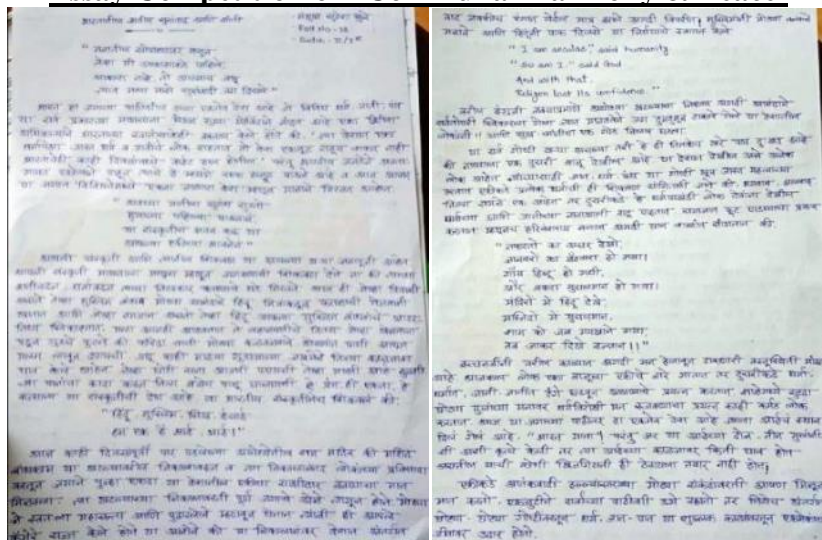
'Communal Harmony Campaign Week & Flag Day' observed at Dr. Vasant Rao Pawar Medical College Hospital & Research Centre, Nashik from 19<sup>th</sup> to 25<sup>th</sup> November 2019 was a grand success.

More than hundred NSS volunteers/medical undergraduate students participated in the event enthusiastically and following activities were observed during the campaign.

- Essay Competition: We received more than thirty essays and best three were selected with panel of judges. Theme of essay was Communal harmony and peace in India.



### Essay Competition on 'Communal Harmony & Peace'



### Essays written by students

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- **Debate Competition:** Nearly twenty-four students participated in a healthy debate and supported communal harmony. Debate topics for the event were- a) Religion is the root cause of wars and atheism is the most peaceful option for mankind. b) What should be a country's stand on refugee crises? To support or to oppose?



**Debate competition among volunteers**

- **Skit on communal harmony depicting wide diversity in culture & Religion in India.**



**Skit performed by volunteers**



**Guest Lectures by faculty on Communal Harmony**

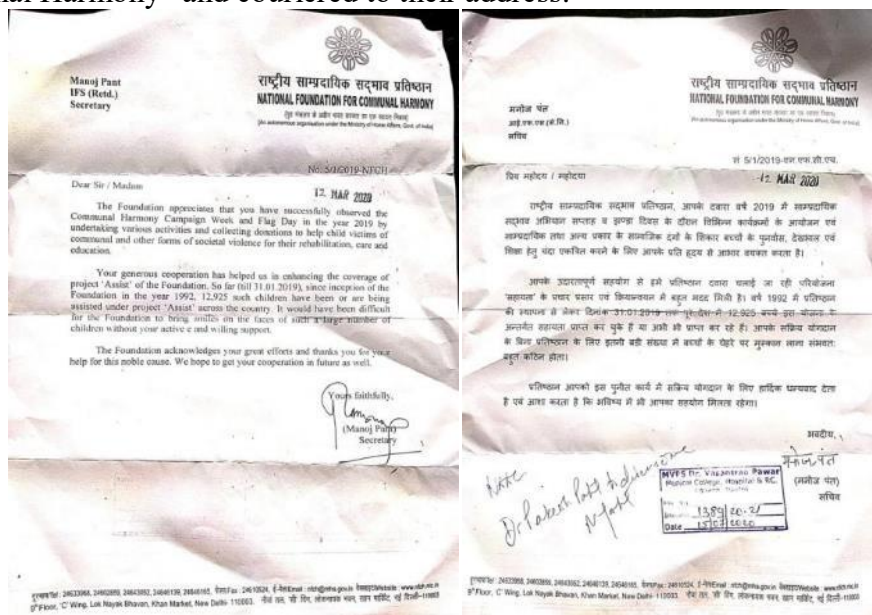


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**Winner felicitation - Debate & Essay Competitions**

- **Fund collection:** Students as well as teachers actively participated in fund collection and nearly Twelve Thousand Five Hundred Forty rupees (INR 12,540/-) fund were collected. Demand draft of mentioned amount drawn on name of “National Foundation for Communal Harmony” and couriered to their address.



**Appreciation Letter from National Foundation for Communal Harmony for Fund Donation**

**NATIONAL FOUNDATION FOR COMMUNAL HARMONY**  
 (An autonomous organisation with the Ministry of Home Affairs, Government of India)  
 8th FLOOR, 'C' WING, LOK NAYAK BHAVAN, KHAN MARKET, NEW DELHI-110003  
 Phone : 24646139, 24633968 E-mail : nfch@mha.gov.in

Money Receipt No. **0006884** **1603** Date: **04-03-2020**

To: **The Dean  
 M.V.P.S. Dr. vasantrao Pawar Medical  
 College Hospital and research Centre,  
 Vasantdada Nagar, Adgaon,  
 Nashik 422003, Maharashtra**

Dear Sir / Madam

We gratefully acknowledge receipt of a sum of **Rs. 12540** (Rupees, **Twelve thousand, five hundred, forty and Paise zero**) on account of donation to the Foundation through Demand Draft number **074690** dated **27-11-2019**, drawn on **Union Bank of India**

The above donation to the Foundation is eligible for 100% deduction under section 80G (2)(a) (iia) of the Income Tax Act, 1961

The Foundation greatly appreciates your contribution for promoting communal harmony, fraternity and national integration. Your generous gesture will go a long way in helping this cause.

Accounts Officer / Consultant  
 for National Foundation for Communal Harmony

PAN No. **AAATN6562A**

**Receipt of Fund donation to National Foundation for Communal Harmony**

### **6) Constitution Day (Samvidhan Divas) Celebration**

- Constitution Day was celebrated on 26th November 2019 to spread awareness among students with respect to Constitution of India & to highlight thoughts and ideas of Dr. B. R. Ambedkar on Constitution
- Faculty from Dept. of Community Medicine of Dr. VPMCH & RC Nashik took a session for 15 minutes on 'Constitution of India' for NSS and MBBS students.
- It was followed by "Quiz" on various aspects of Constitution of India which was conducted by medical students for about 20 minutes.
- Pledge was taken by faculty and students to abide by responsibilities of citizen as given in Constitution of India.
- Student and faculty participated enthusiastically during the activity which helped them to understand the importance of Constitution. Participants were encouraged to take similar activities on their own to spread knowledge about Constitution of India.



**Quiz on various aspects of Constitution of India**



**Informative session on 'Constitution of India'**



**Pledge taken by faculty and students**



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### 7) Observation of World AIDS Day 2019

The programme was conducted on 2<sup>nd</sup> December 2019 to increase the awareness and sensitivity of students about the current scenario of HIV/AIDS in the country and to demonstrate the health education to general public about HIV/AIDS through various channels like posters, slogans, rally and street-play by students.

- The World AIDS Day 2019 activities were based on the theme of 2019: "Ending the HIV/AIDS Epidemic- Community by Community"
- A rally was organized in the nearby village (Adgaon, Nashik). Around 30 second year volunteers/students imparted health education to the community by interactions, slogans, banners, etc.
- A poster competition was arranged for undergraduate students.
- There was a skit presentation by the undergraduate students for raising the awareness about HIV/AIDS.
- At the end of the program, an oath was taken to sensitize the students and faculty towards caring attitude and non-discriminatory behaviour towards people living with HIV/AIDS.



World AIDS Day Rally



Certificates of winner of competitions on the occasion of World AIDS Day



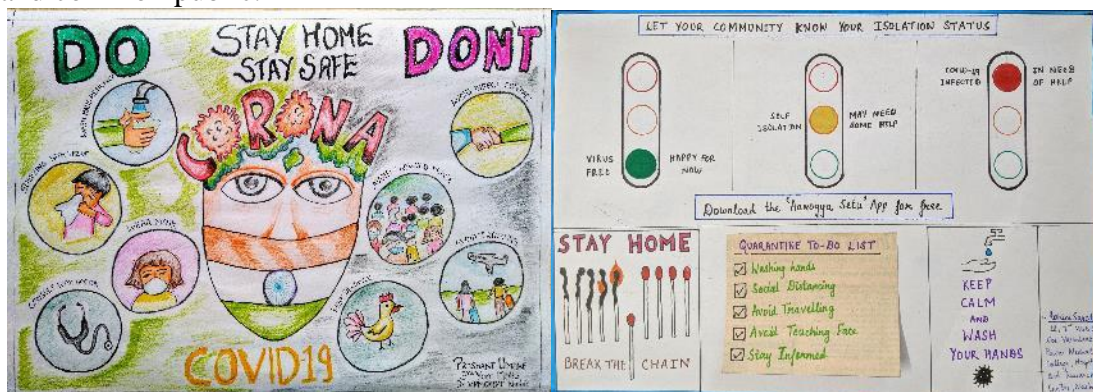
### 8) Addiction in student life

- This programme was held on 9<sup>th</sup> December 2019 to guide and keep the medical students away from addictions.
- Expert speakers had a panel discussion regarding the view of addiction in student life.
- Dr. Jejurkar, psychiatrist from Civil Hospital, Nashik shared his experiences about how the bad habits can lead to addictions in later life. He also discussed about the long term effects of these addictions on personal and professional life.
- Dr. Anup Bharti, Associate Professor from Department of Psychiatry had an interactive discussion with the students about ways to prevent addiction.



### 9) COVID19 Activities for Community

- Poster making: COVID19 awareness poster making activity was organized to spread knowledge about prevention and control of COVID19 infection among friends, relatives and common public.





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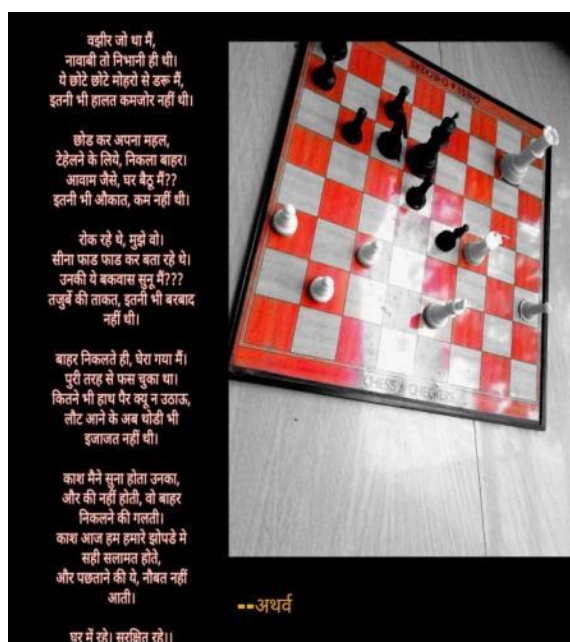
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**Posters made by volunteers for COVID19 awareness**

- **Video making:** NSS volunteers participated in COVID19 awareness video making activity to spread information on prevention and control of COVID19 infection among friends, relatives and common public.
- **Poem/Story/Essay writing:** To promote and stimulate student's creativity, poem, essay and story writing about prevention of COVID19 was organized through NSS Unit.



## POLICEMAN vs COVID-19

My heart gives out a cry,  
when I see my father go to work.  
It's his duty they say, to protect the people,  
vigilant as ever, nabbing irresponsible who lurk.  
Meets hundreds and thousands, when he's out and about,  
helping everyone, with a smile, no doubt.  
Duties being increased at the check points and the station,  
shifts never end, even as the moon fades out.  
He rushes for a bath, as he enters the house,  
"I might have the virus on me", a trembling voice shouts.  
The talks and the hugs aren't the same anymore,  
only uncertainty and fear prevails in the house.  
Dreading for his family's safety,  
he sleeps in a little room outside.  
The sleepless nights over losing him forever,  
kills our minds on the inside.  
While you sit at home criticizing their actions,  
incapable of handling even ten, I bet.  
They handle hundreds and thousands on a daily basis,  
and abuses and criticism is all they get.  
People retaliating with violence and misdeed,  
acting as if the virus is a policeman's fault.  
Stop stopping out, it is unwise,  
stop acting as if you have vaccines in a vault.  
They protect you from evil and now from a virus,  
treat them with respect, with honour and love.  
Working selflessly, away from their families,  
the valiant heroes, flattening the curve.  
Such is the life of every policeman,  
in our town, our country or our Earth.  
Protecting their families, their citizens and motherland,  
with a LION on their cap and POLICE on their shirt.

- Siddhant Jagdale

2nd year MBBS, Mumbai

♥ liked on (twitter) by Hon. C.M of Maharashtra

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NAACVPMC NAACVPMC <nacvpmmc@drvasantraopawarmedicalcollege.com>

**Poem COVID19 1st MBBS**

NAACVPMC NAACVPMC <nacvpmmc@drvasantraopawarmedicalcollege.com> Fri, Aug 21, 2020 at 7:37 PM  
 To: NAACVPMC NAACVPMC <nacvpmmc@drvasantraopawarmedicalcollege.com>, nss@drvasantraopawarmedicalcollege.com

Poem-  
 "Problems"

It's a different story for each and every one of us.  
 A different battle to play,  
 For some it's a mental breakdown,  
 For others a physical pain to give away.

Some take it with a glee,  
 Others take it with a sigh,  
 The only difference is the  
 perspective you take it by.

At times it's a long process to overcome,  
 It takes time to heal,  
 But trust me, getting back on your feet and moving on is not such a great deal.

It has not spared anyone,  
 Not even the mightiest of all,  
 To become the supreme,  
 Even they had to experience a downfall.

Some of them catch it at an early stage,  
 While some go through it after an half century,  
 But we have to face it with brave hearts,  
 With the same zeal and energy.

Sometimes it doesn't seem like one,  
 Its just flies away like a light feather,  
 But at times it is as if you are  
 Amidst a rough weather.

"The bad times make you appreciate the good" is a thought worthy to apply.  
 It teaches you life lessons for you to abide by.

The only way out is to accept it the  
 way it comes,  
 Culp it up like a bitter medicine,  
 which ultimately gives you a positive outcome.

So take it as a challenge to prove yourself, not to anyone but you.  
 Bring yourself to a stage to be able to say, My Problems are now over, what about you?

**प्रकार - कविता**

**विषय - कोरोना एक जैविक युद्ध**

(संदर्भ:- कोविड -19 झुजताने परसराय घटक विधान, पण ह्या शिष्यायु पेसा ही जास घटक गोट घडने लेकांची मानसिक , जगुळे विधान परसराय सोय होये। त्यामुळे हे असे जैविक युद्ध सुरु झाले ज्यात विचारित करणे आसता हातात आये पण तरी युद्धा आपण आसता सध्याची बाबी पडलीय. कोरोनाच्या ह्या अंधारत असलेल्या काही बाबीर प्रकृत टाकण्याच प्रयत्न केलाय )

**शीर्षक - विचार कधी केलाय का ?**

तुम्ही विचार कधी केलाय का ?

कस आहे कोरोना आणि कोविड युद्ध, लढायेत आणत घ्या  
 थोडा विचार तुम्ही केलाय का ?

हा शीर्षक मध्ये शीर्षक युद्ध आहे हे,  
 कोणी दुसऱ्याने सुरु केले पण, सुरु आणत 'केलॉफ' ते !

सुरु करण ते विचार गेले आणि आणत आसतय  
 विरुद्ध लढायेत घ्या विचार कधी केलाय का ?

विनाकारण घडण्या बाहेर काढत टाकण्याचा ने तुम्ही  
 दुसऱ्या सध्या लढत आहात, त्याचा विचार कधी केलाय का ?

एकीकडे विरुद्ध बरं खाजला पेटा नही मनुष्य रडताहेत लोक,  
 तर एकीकडे काहींच्या टोन येऊनय जेवणाने हलत आले.

घरात अजव्या काय नसतय, बंदीच्या काळात नहीन कस  
 कदाही असेल तसं, ह्याचा विचार कधी केलाय का ?

सर्व सुविधा असून पण शिकण्याची त्याची नसलेल्याची

**Poems written by NSS volunteers on COVID19**



**State level prize by NSS volunteer in Essay & Poem Competitions**

- **Mask making:** Many volunteers have made the face mask with the help of cotton clothes and used them to spread the information on the simple way to prevent COVID19 infection at home and community.





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- Zoom meeting online session was organized for all NSS volunteers for training regarding COVID19 pandemic. They were sensitized for various aspects of prevention & control at home and community. Volunteers were told to install various apps and fill online registration forms given by MUHS Nashik (University).



- Health App installation for COVID19 training & awareness: Aarogya Setu and I-GOT Diksha app was installed by all NSS volunteers for COVID19 training, exposure risk assessment and health education purpose.
- COVID19 Service/Screening in the Community: NSS volunteers have actively participated in COVID19 contact tracing and screening related work in the community. They have also participated in food distribution service to migrant laborer population.



### COVID19 screening in the community



NAACVPMC NAACVPMC <[naacvpmc@drvasantrapawarmedicalcollege.com](mailto:naacvpmc@drvasantrapawarmedicalcollege.com)>

#### COVID19 experience of NSS volunteer

Rakesh Patil <[drakeshpatil@gmail.com](mailto:drakeshpatil@gmail.com)>

Fri, Aug 21, 2020 at 11:14 PM

To: [nss@drvasantrapawarmedicalcollege.com](mailto:nss@drvasantrapawarmedicalcollege.com), [naacvpmc@drvasantrapawarmedicalcollege.com](mailto:naacvpmc@drvasantrapawarmedicalcollege.com)

Right from the beginning of the lockdown we as medicos were always felt restless about not being able to help the people suffering out there. I was looking for some opportunity to add my hand. For the very same reason I spoke to my medico friends and my other teachers they gave me the idea of serving food for the migrant labourers. So we served around 600 of them. After some days we came to know that NMC conducting a screening camp in Phule nagar, Nashik the way it's done in Dharavi Mumbai. So I ( Siddhesh Jeughale, 3rd MBBS ) along with my junior ( Krishna Nile, 2nd MBBS ) decided to go to the camp.

The camp was scheduled on the 24th and 25th of July with one day prior training session. Many other doctors from all over the Nashik were also volunteered for the camp. For the camp we were divided in groups of four. On day 1 we could screen around 160 patients and on day 2 around 300. It was a wonderful experience. There was so much to learn. we could understand how difficult it is to work with the PPE kits on all day long. Could see the sufferings of people from a little closer, that made us little more aware about the present situation and we also realised that it's important for everyone to be very careful and to take care of themselves and their families, and also of others by keeping safe distance because no one knows when he/she might get infected and when the chain begins. We are so grateful and happy that we could play a little role in the pandemic.

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### **10) Online E-workshop on "Medicine - Striving for Humanity"**

Dr. Vasant Rao Pawar Medical College, Hospital & Research Centre, Nashik hosted a live transmission of E-workshop on "Medicine - Striving for Humanity" conducted by MUHS with collaboration of Parth Knowledge Network at MCI Auditorium on 16th September 2019 from 10:00 AM to 5:00 PM.

The medical undergraduates and NSS Volunteers from all phases of MBBS attended this workshop.



**Photographs of Live (Online) Workshop- "Medicine - Striving for Humanity"**

## **SPECIAL WINTER CAMP REPORT 2019-2020**

**PLACE: Mukne village, TAL: Igatpuri, DIST: Nashik**

**DURATION: 02/03/2020 TO 08/03/2020**

### **OVERVIEW OF SPECIAL WINTER CAMP 2019-2020**

NSS Unit of Dr. Vasant Rao Pawar Medical College, Hospital & Research Centre, Nashik has organized a NSS special winter camp 2019-20 at Mukne village, Tal: Igatpuri, District: Nashik. The camp was organized from 2<sup>nd</sup> March 2020 to 8<sup>th</sup> March 2020. There were 75 NSS volunteers who participated in the camp. The camp was inaugurated on 2<sup>nd</sup> March 2020 at the hands of Mr. Hiranman Rao, Sarpanch, Gram Panchayat Mukne, Mr. Bhaskar Rao, Up-Sarpanch, Gram Panchayat Mukne, Mrs. Mahire, Principal, ZP Primary School, Mukne and Dr. Balaji Almale, Professor & Head, Department of Community Medicine, Dr. VPMCH & RC Nashik. Mr. Hiranman Rao was the chief guest of the programme. NSS programme officer of the institute Dr. Rakesh N Patil shared the programme schedule of activities to be conducted throughout the camp. The theme of camp was "Sudrudh Nari, Sudrudh Gram". In this camp different activities were scheduled such as Guest Lectures, Cleanliness Programme, Tree plantation drive, NCD Risk-factor Survey, Road Safety, Street play on Organ Donation, Female Foeticide, Menstrual Hygiene and Multi-Diagnostic Health Check-up camp. Series of



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Guest lectures were conducted on the aspects of Adolescent sexual & reproductive health and Spiritual health. Every evening there were games and cultural activities organized by NSS volunteers.

Multi-Diagnostic Health Camp was held on 5<sup>th</sup> March 2020. The health camp was inaugurated by Hon. Shri. Manik Rao Madhav Rao Boraste, Sabhapati, MVP Samaj Nashik, Hon. Dr. Sunil Uttam Rao Dhikle, Chitnis, MVP Samaj Nashik, Hon. Shri. Bhausaheb Laxman Khatale, Director MVP Samaj from Igatpuri, Hon. Dr. Mrunal S. Patil, Dean, Dr. VPMCH & RC Nashik and Mr. Hiran Rao, Sarpanch, Gram Panchayat, Mukne. This camp was attended by around 400 residents of Mukne village for various ailments who were given free consultation, medicines and referral services.

The Objectives of Camp:

1. To understand the community of Mukne Village and work to solve their health problems
2. To identify the health needs and problems of this village
3. To make awareness about menstrual hygiene, female foeticide, organ donation and non-communicable diseases, basic life support among village people
4. To conduct community oriented programmes
5. To give message of team work through effort works like tree plantation, health check-up, and street play
6. To inculcate healthy and good habits among the youth and to infuse in them the spirit of national service
7. To conduct different programs on various issues like healthy environment, sexual and reproductive health

### **PLANNING OF WORK FOR NSS CAMP**

There were different committees for the volunteers for the smooth conduct of the camp before leaving for the Special Winter camp. Various committees like food cooking committee, catering committee, hygiene committee, cultural committee, health survey committee and committee assisting the consultants and residents in health check-up were formed. This planning of work helped to conduct all events smoothly and successfully. This camp also provided opportunity to develop leadership qualities of students and promote healthy team work atmosphere.

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### **INAUGURATION OF NSS CAMP**

The inauguration program was organised by NSS volunteers. The inaugural function started with invoking prayers to Lord Ganesha the one who removes obstacles and Devi Saraswati the one who gives knowledge & wisdom by the students who have melodious voices and later the inaugural function. Hon. Sarpanch, Up-Sarpanch, Gram Panchayat Mukne, Principal, Primary School, Mukne were felicitated.

The chief guests emphasized the importance of health and the various health related practices to be followed in order to achieve health for all. All the dignitaries addressed all NSS volunteers for their responsibilities towards society and nation. They also appreciated Dr. VPMCH & RC Nashik for taking such initiative for community service through NSS volunteers.



**Inauguration of Special Winter Camp & Prayers by NSS Volunteer**



**NSS Programme Officer & NSS Secretary Speech for Activities to be held in Camp**



**HOD, Dept. of Community Medicine & one of the Dignitary addressing to NSS students**



**COMMUNITY HEALTH SURVEY**

From first day of the camp the volunteers after allotting accommodation and breakfast set back to work with the health and socio-economic details. Around 80 houses in Mukne village were surveyed for risk factors of non-communicable diseases along with basic socio-demographic details such as education, occupation, drug/substance addictions, and life style. Everyone of the group was given an opportunity to have peek into the life of a villager and quench the curious mind. The villagers were very interactive and all ready to lessen their burden. The over whelming response from the villagers motivated the volunteers to do something for these people.



**Community Health Survey by NSS students**

### **MULTI-DIAGNOSTIC HEALTH CAMP**

A multi-diagnostic health camp was organized by NSS Unit of Dr. VPMCH & RC Nashik on 5<sup>th</sup> March 2020 for the community people in Mukne village. Before this camp, all NSS volunteers made awareness in whole village by going door to door regarding various health issues and told them to come for screening during health camp. Around 400 beneficiaries were screened by various speciality physicians during this camp. School children were also screened for common health problems. This health camp was wholeheartedly supported by Head of the institute, management representative of MVP Samaj Trust Nashik, village level administrators and other people without which this camp would not be succeeded.

### **INAUGURATION OF HEALTH CAMP**

Hon'ble Dean, Dr. Mrunal Patil madam told NSS volunteers for their responsibility and duty towards community people regarding health problems. She congratulated volunteers for their active participation in various activities. She also thanked management of MVP Samaj and Village people for their support and coordination during the camp.



### **Hon'ble Dean of the Institute addressing NSS Volunteers & People of Mukne village**

Various dignitaries presented their views and guided NSS volunteers for their future work in the community through their speech.



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**Speech by Hon. Shri. Bhausaheb L. Khatale, Director MVP Samaj, Igatpuri for NSS Volunteers and Mukne village People**

Hon. Dr. Dhikle, Chitnis, MVP Samaj shared his experience during NSS camp during his graduation which inspired NSS volunteers for selfless work in the society as a doctor.



**Address by Hon. Dr. Sunil U. Dhikle, Chitnis, MVP Samaj, Nashik**

Hon. Shri. Boraste sir guided NSS volunteers on how to give their valuable contribution to community through various activities held during NSS camp. He also told village people to take health services offered by Dr. VPMCH & RC Nashik on routine basis.



**NSS Volunteers guided by Hon. Shri. Manikrao M. Boraste, Sabhapati, MVP Samaj**



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A good response by the village people was seen during the camp. Following are some glimpses of this health camp.



**Glimpses of Multi-diagnostic Health Camp at Mukne in NSS Special Winter Camp**



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During the camp a lecture cum demonstration on Basic Life Support (BLS) - Nav Sanjeevani was held for common people and NSS volunteers by Dr. Sankalecha, Professor from Dept. of Anesthesia, Dr. VPMCH & RC Nashik. BLS guide people to act in a manner so as to save life of a person in emergency situation where cardiac and pulmonary support is provided at primary level till further help arrives.



Nav-Sanjeevani (Basic Life Support) Demonstration-cum-Lecture by Dr. Sankalecha

### HEALTH EDUCATION THROUGH STREET PLAYS & POSTERS

Various street play programmes were organized by NSS volunteers. The main motive of the street play was to educate the rural people about various social and health issues like Organ Donation, Menstrual Hygiene and Female Foeticide. These plays were successfully conducted and helped to build the healthy interaction of the rural people with volunteers which addressed myths and misconceptions of village people about the health problems.



Street Play on Menstrual Hygiene in Mukne Village by our students....

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Street Play on Organ Donation in Mukne Village by students....



Street Play on Female Feticide (Beti Bachao - Beti Padhao)



Posters on Road Safety made by volunteers for awareness

### TREE PLANTATION DRIVE

A tree plantation programme was held at ZP Primary School Mukne. 12 trees were planted in the village with help of NSS volunteers and ZP school students. NSS Programme Officer Dr. Rakesh Patil requested villagers to save trees and maintain environment in balance.



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Average lifetime of human being is decreasing decade by decade. People feel and live in hybrid life, it is needed to protect environment by planting and growing trees.



Tree Plantation Drive

### LECTURE BY GUEST

Up gradation of the medical knowledge always results in the understanding of the health problems in a better way and thereby accounts for the better solutions of the health problems by approaching a positive attitude developed from the education. For the sake of this, a series of lecture were arranged for the volunteers and the villagers.



Guest Lectures



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### **CULTURAL ACTIVITIES**

Every day in the evening after the series of activities there were cultural programs organised by the participated volunteers for the purpose of refreshing and educating the participants of the camp. This had created a more sense of stage daring in them, which usually is lacking in many of the children despite having an excellent talent in them. NSS Volunteers organized cultural activities at evening time during camp days to give social awareness messages through the entertainment. They organized plays, musical skits; group dance, poems on various social issues. They presented a plays on “Save Child Girls”, “Personal Hygiene’ etc.

### **EXTRA-CURRICULAR ACTIVITIES:**





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## NSS Special Winter Camp Memories



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### **CONCLUSION CEREMONY OF THE CAMP**

The camp was concluded on 8<sup>th</sup> March in the presence of Mr. Rao, Sarpanch (Mukne), Dr. Rakesh Patil (NSS PO) and Mr. Dilip Gaikwad (NSS Co-ordinator). A welcome speech was delivered by Mr. Rohit Patel, NSS student secretary. NSS volunteers were felicitated and prizes were given for winners of Poster competition on Road Safety. Village Sarpanch had enlightened the students about the various functionalities of the village Panchayat, various health and agricultural practices. He expressed his deep feelings about the importance of basic knowledge of healthy habits and practices.

Volunteers have given their feedback on what they have learned in the special camp. And during learning process in what way they made the people aware of many health issues like non-communicable diseases, environmental sanitation, immunization, road safety, female feticide and personal hygiene. Vote of thank was given by Ms. Prerna Jain, NSS deputy student secretary.



Beautiful Mukne Village.....

**NSS Co-ordinator**

**NSS Program Officer**

**Professor & Head  
Dept of Community Medicine**

**DEAN  
Dr. VPMCH & RC, Nashik**