



Maratha Vidya Prasarak Samaj's
**Dr. Vasant Rao Pawar Medical College,
Hospital & Research Centre, Nashik**
Vasantdada nagar, Adgaon, Nashik 422003, Maharashtra



FOUNDATION COURSE TIME TABLE
PHASE I MBBS (Batch 2021-22)

WEEK	DATE	DAY	TIME							
			9-10 am	10-11 am	11-12 am	12pm-1pm	1-2 pm Lunch break	2pm-3pm	3pm-4pm	4pm-5pm
First	01.02.2022	Tuesday	Dean Address	Dean Address	Dean Address	Dean Address	-	Rules and Regulations (Discipline Committee)	Parents Teacher Meeting	Phase 1 Department Visit
First	02.02.2022	Wednesday	Overview of Phase I & Faculty Introduction	Overview of Phase I & Faculty Introduction	Overview of Phase I & Faculty Introduction	Overview of Phase I & Faculty Introduction	-	Introduction & Visit to administrative section	Visit to Campus / Hostel / Mess / Gymkhana	Visit to Campus / Hostel / Mess / Gymkhana
First	03.02.2022	Thursday	Anti-ragging (Rules & Regulations)	Mentor-Mentee Program	Hospital Visit	Sports - Orientation of Sport Facilities	-	Overview of Phase II	Overview of Phase III	Overview of Phase IV
First	04.02.2022	Friday	History of outbreaks epidemics and Pandemics	History of outbreaks epidemics and Pandemics	Orientation of Immunization	Principles of Primary Health Care	-	Code of Conduct for Students	Sports	Sports

First	05.02.2022	Saturday	AETCOM - Interpersonal Communication	AETCOM Confidentiality & Autonomy	Extracurricular activity	Extracurricular activity	-	Library Visit	Sports	Sports
Second	06.02.2022	Sunday	-	-	-	-	-	-	-	-
Second	07.02.2022	Monday	Field Visit (Urban Health Centre & Interacting with patients and health care team)	Field Visit (Urban Health Centre & Interacting with patients and health care team)	Field Visit (Urban Health Centre & Interacting with patients and health care team)	Field Visit (Urban Health Centre & Interacting with patients and health care team)	-	Communication Skill	Communication Skill	Communication Skill
Second	08.02.2022	Tuesday	Language (English)	Language (English)	Language (English)	Language (English)	-	History of Medicine and alternate health system in India	Use of online resources	Sports
Second	09.02.2022	Wednesday	AETCOM Communication with patient & family	Community Based Learning	Cultural Activity – Students Performance	Cultural Activity – Students Performance	-	Group Dynamics	Group Dynamics	Group Dynamics
Second	10.02.2022	Thursday	National Health priorities & policies	Profession Attitude and Ethics	Health care Delivery System	Orientation to VPMC art Circle	-	Adverse Drug Reaction awareness	Reflection	Sports
Second	11.02.2022	Friday	Yoga- Healthy way of life	Yoga- Healthy way of life	Yoga- Healthy way of life	Yoga- Healthy way of life	-	AETCOM - Value integrity, respect and honesty	AETCOM - Professional behavior & Altruistic behavior	Sports
Second	12.02.2022	Saturday	Students expectation from institute	Documentation & Medical Record	Self Directed Learning (Lecture)	Self Directed Learning (Group - Activity)	-	Meet your Alumni	Gender Sensitivity	Sports
Third	13.02.2022	Sunday	-	-	-	-	-	-	-	-
Third	14.02.2022	Monday	Language session (Marathi)	Language session (Marathi)	Language session (Marathi)	Language session (Marathi)	-	AETCOM based movie	AETCOM based movie	AETCOM based movie

Third	15.02.2022	Tuesday	First Aid (Orthopedics)	First Aid (Medicine)	Stress management (Meditation/staying away from addiction)	Time and financial management during students & professional life	-	Simulation based learning (lecture)	Simulation based learning (group activity)	Sports
Third	16.02.2022	Wednesday	-	-	-	-	-	-	-	Language – English
Third	17.02.2022	Thursday	-	-	-	-	-	-	-	Language – English
Third	18.02.2022	Friday	-	-	-	-	-	-	-	Language – English
Third	19.02.2022	Saturday	Extra Curricular Activity - Shivjayanti	Extra Curricular Activity - Shivjayanti	Extra Curricular Activity - Shivjayanti	Extra Curricular Activity - Shivjayanti	-	Sports	Sports	Sports

Week	Date	Day	Time	Topic
Fourth	20.02.2022	Sunday	9am to 1pm	Field Visit
Fourth	21.02.2022	Monday	5-6pm	First Aid (Surgery)
Fourth	22.02.2022	Tuesday	5-6pm	Language – Marathi
Fourth	23.02.2022	Wednesday	5-6pm	Language – Marathi
Fourth	24.02.2022	Thursday	5-6pm	Language – Marathi

Fourth	25.02.2022	Friday	5-6pm	Information Technology in Medicine for patient management
Fourth	26.02.2022	Saturday	5-6pm	Sports
Fifth	27.02.2022	Sunday	9 am to 1pm 2 pm to 6 pm	Computer
Fifth	28.02.2022	Monday	5-6pm	Language – English
Fifth	1-03-2022	Tuesday	5-6pm	Language – English
Fifth	2-03-2022	Wednesday	5-6pm	Language – English
Fifth	3-03-2022	Thursday	5-6pm	Language – English
Fifth	4-03-2022	Friday	5-6pm	Language – English
Fifth	5-03-2022	Saturday	5-6pm	Sports
Fifth	6-03-2022	Sunday	9 am to 1pm 2 pm to 6 pm	Computer
Sixth	7-03-2022	Monday	5-6pm	Language – Marathi
Sixth	8-03-2022	Tuesday	5-6pm	Language – Marathi
Sixth	9-03-2022	Wednesday	5-6pm	Language – Marathi
Sixth	10-03-2022	Thursday	5-6pm	Peer Assisted Learning (Lecture)
Sixth	11-03-2022	Friday	5-6pm	Peer Assisted Learning (Group activity)
Sixth	12-03-2022	Saturday	5-6pm	Team Management

Seventh	14-03-2022	Monday	5-6pm	BLS (Lecture)
Seventh	15-03-2022	Tuesday	5-6pm	BLS (Workshop)
Seventh	16-03-2022	Wednesday	5-6pm	BLS (Workshop)
Seventh	17-03-2022	Thursday	5-6pm	Language – Marathi
Seventh	18-03-2022	Friday	5-6pm	Language – Marathi
Seventh	19-03-2022	Saturday	5-6pm	Language – Marathi
Eighth	20-03-2022	Sunday	10am-1pm	USP Workshop (Hand wash, Needle Injuries, BMW management and Immunization)


 UG Academic Coordinator
 UG Academic Co-ordinator
 DRVPMCHRC, Nashik
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 College Hospital & Research
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 Dean
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