



**Dr. Vasant Pawar Medical College, Hospital & Research  
Centre, Adgaon, Nashik – 03**

1. Name - Mr. B. V. Shinde  
2. Qualification – M. Sc. Medical Physiology, Ph.D. (Registered), M. Sc. (Biophysics)

Qualification	University	Year of Passing
M.Sc. Medical Physiology	MGM, Mumbai	2017
Ph. D. (Registered)	MGM, Mumbai	
M. Sc. Biophysics	BAMU, Aurangabad	1994



3. Designation- Assistant professor  
4. Date of Joining the Institution- 04/09/1995  
5. Area of Specialization - Medical Physiology

6. Area of interests- Respiratory Physiology , Yoga & Cardiac autonomic system,  
7. PG guide - Yes/No  
8. PhD Guide - Yes/No  
9. Research Paper Publication –

Sr. No.	Title of Paper	Authors	Journal Details	Indexing	National/ International
1	Impact of obesity on respiratory muscle strength in adults	Shinde B. V. 1 Phatale S. R. 2 Shinde P. U. Waghmare S. N	International Journal of Contemporary Medical Research 2017; 4 (9):1879-1882.	Index Medicus Index Copernicus Google scholar	International
2	To assess the impairment in forced expiratory lung functions due to obesity in adults.	B. V. Shinde S. R. Phatale P. B. Barde P. U. Shinde Sunil Patil	International Journal of Contemporary Medical Research 2018;5(3):C1-C4	Index Medicus Index Copernicus Google scholar	International
3	A Study of Assessment of Cardiac Autonomic Functions after Yogasana and Pranayama	Sangita R. Phatale <sup>1</sup> , B. V. Shinde <sup>2</sup> , Sunil Patil <sup>3</sup> , P. U. Shinde <sup>4</sup>	International Journal of Contemporary Medical Research Volume 6  Issue 11   November 2019 ISSN (Online): 2393-915X; (Print): 2454-7379   ICV: 98.46	Index Medicus Index Copernicus Google scholar	International

4	Changes in Cardiac Autonomic Stressor Responses by Yogic Lifestyle Intervention in Hypertensive Patients	S. R. Phatale <sup>1</sup> , B. V. Shinde <sup>2*</sup> , P. U. Shinde <sup>3</sup>	International Journal of Medical Science and Current Research (IJMSCR) Volume 3, Issue 5, Page No: 190-198 September-October 2020	SJIF IMPACT FACTOR: 5.565 PUBMED- National Library of Medicine ID- 101739732	International
5	To Study the Effects of Yogasana and Pranayama on Anthropometry and Lipid Profile of Normotensive and Hypertensive persons	Bhagwat Shinde, Sangita Phatale Pramod Shinde	International Journal of Medical Science and Current Research (IJMSCR) Available online at: www.ijmscr.com Volume 4, Issue 2, Page No: 490-498 March-April 2021	Pubmed	International

#### 10. Research Paper Presentation in Conference -

Sr. No.	Title of Paper	Authors	Conference Details	ISSN/I SBN/ UGC	National/ International
1	Does obesity affects pulmonary functions?	Shinde B. V.	National conference & hands on workshop on non-invasive assessment of neural & vascular function in diabetes	-	National

#### 11. Co-Curricular & Extra Curricular activity-

Chairman, Institutional animal ethical committee.

Administrative works in MUHS exams as Centre Incharge, CAP custodian.

#### 12. Mandatory Trainings -

Name of course	Date of training	Place of training
Basic Research Methodology (RMW)	21 to 23 September 2017	Dr. VP Medical College, Nashik
Basic MET	28 to 30 September 2010	SGSM-KEM Hospital, Mumbai
CISP	02 to 04 May 2019	MUHS, Nashik
Advance MET	Nil	Nil

