



Maratha Vidya Prasarak Samaj's  
**Dr. Vasantrao Pawar Medical College,  
Hospital & Research Centre**

Vasantdada nagar, Adgaon, Nashik, Maharashtra - 422 003



**NSS UNIT**  
(NATIONAL SERVICE SCHEME) &  
**Department of Community Medicine**

## **NSS Annual Report 2021-22**

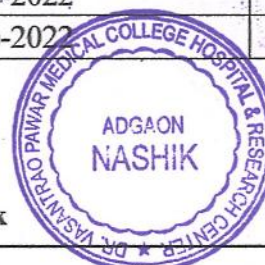
National Service Scheme popularly known as NSS, the scheme was launched in Gandhi Centenary year, 1969 and aimed at developing student's personality through community service. The overall objective of National Service is Educational. This objective is attained through the service to the community.

Hon'ble Dean of the institute, Dr. Mrunal S. Patil gave responsibility of NSS unit to Dr. Rakesh Patil, NSS Program Officer and Mr. Dilip Gaikwad, NSS Coordinator. Institute has 150 volunteers for NSS unit in the current year as per guidelines given by MUHS Nashik. We had enrolled total 150 NSS volunteers for current academic year 2021-22.

With the permission of Hon'ble Dean, as per discussion with Cultural, Sports and NSS committee members, N.S.S. activities were planned. Discussion on for regular as well as special camping activities and programmes was held which helped them to organize and execute effectively.

Following activities were held during the year by NSS Unit for the year 2021-22.

SN	Name of the activity	Date of activity	No. of volunteers participated
1	Organ Donation Day	13-August-2021	50
2	Left Handers Day	13-August-2021	35
3	Swachhata Pakhwada 2021	13 to 15-August-2021	60
4	Independence Day celebration	15-August-2021	175
5	Azadi Ka Amrut Mahotsav Aug 2021	24-August-2021	180
6	Mega Blood Donation Camp	28-August-2021	63
7	FIT India Freedom Run 2.0	11-Sept-2021	70
8	Communal Harmony Week	19 to 25-Nov-2021	110
9	Mazi Vasundhara Mission	1-January-2022	147
10	Surya Namaskar	14-January-2022	16
11	Republic Day celebration	26-January-2022	46
12	Special Winter Camp (Pimpalgaon Dhaga)	14 to 20-March-2022	75
13	One Student One Tree Plantation Drive	1-May, 5 & 10 June 2022	175
14	Swachhata Abhiyan 2022	4-June-2022	45
15	MUHS Foundation Day 2022	10-June-2022	75
16	International Yoga day	21-June-2022	25







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## **NSS Activities 2021-22**

### **Organ Donation Day:**

- The awareness activity on the occasion of 'Organ Donation Day' was conducted on 13th August 2021 at Janori & Mohadi villages of Tal. Dindori by NSS students of Dr. VPMCH & RC, Nashik.
- After inaugural function at Janori village at 10.00 am by Sarpanch and HOD Community Medicine, people were addressed about importance of Organ Donation.
- A team of 40 NSS students Nashik spread the awareness about the Organ Donation in the community. People were sensitized about importance of organ donation with the help of Posters.
- Students also delivered their talk on various frequently asked questions about organ donation and its' process. Two faculties from Dept of Community Medicine guided these NSS volunteers for these activities.



**Inauguration program for Organ Donation Day activity at Janori village, Tal. Dindori**



**Health Education by NSS Volunteers at Janori village, Tal. Dindori (Nashik)**



**Community awareness activity by NSS Volunteers at Mohadi, Tal. Dindori (Nashik)**





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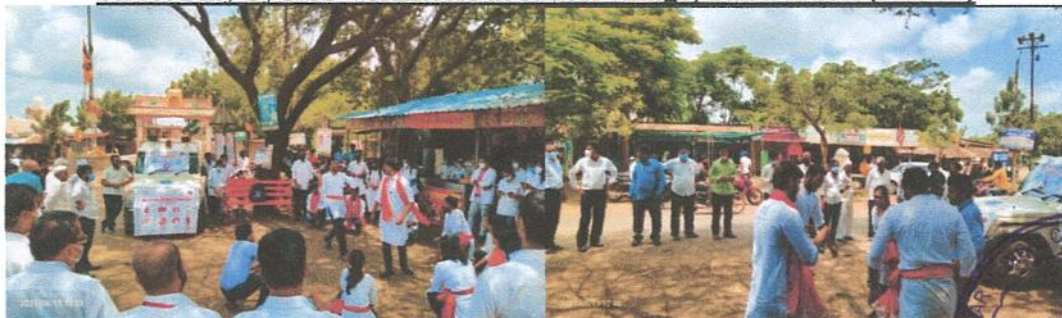
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### Swachhata Pakhawada

- The activity of 'Swacchta Abhiyan' was conducted at Mohadi and Janori villages by NSS students of Dr. Vasantrao Pawar Medical College, Hospital & Research Centre, Nashik.
- A team of 40 NSS students from Dr. VPMCH & RC Nashik used to gather at the temple of the Janori village and call all villagers over there for the awareness about the Swacchta in houses and surrounding area. They also told them how the dry and wet waste to be segregated for the purpose of appropriate waste disposal. People were also sensitized that wet waste especially kitchen waste can be converted into manure and which can be used for kitchen garden. Posters were made for various issues of waste management. Social places like temples, bazars and chowks were used as the places for awareness.
- Another team of 10 NSS students performed street plays / Nukkad nataks regarding Swacchata awareness at various places in these villages of Nashik District.
- Students went at almost each and every door in the Mohadi & Janori village. They interacted with the family members regarding their ideas about waste disposal, diseases spread by unhygienic environment and told them the various ways to prevent and control the same. Verbal one to one interaction at family level was done. Students used to go in a team of 2-3 students for discussion on the swacchata activity.



**Street Play by NSS Volunteers at Janori village, Tal. Dindori (Nashik)**



**Street Play by NSS Volunteers at Mohadi village, Tal. Dindori (Nashik)**



**Community awareness activity by NSS Volunteers**







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**Azadi Ka Amrit Mahotsav (आजादी का अमृत महोत्सव)**

- The event was held on the occasion of 75<sup>th</sup> Anniversary of India's Independence to orient faculty and students regarding Independent India (Aatmanirbhar Bharat) and to spread awareness among students about contribution of our freedom fighter for Independence.
- Around 20 Faculty, & 180 students actively participated in celebration of 'Azadi Ka Amrit Mahotsav-Aug2021'.
- Students gave speech on the struggle of freedom fighters of India namely  
Mahatma Gandhi - speech by Nivetha,  
Lokmanya Tilak - speech by Aasavari Thite  
Subhash Chandra Bose - speech by Hruthik Patil  
Maulana Azad - speech by Midhat Fatema  
Swatantra Veer Savarkar - speech by Shreyas Patil  
Bhagat Singh - speech by Mansi Nikam and  
Lal Bahadur Shastri - Abhishek Patil.
- Two NSS volunteers also sung the National song- Vande Mataram on this occasion.



**Speech by students & faculty on importance of Independent India (Aatmanirbhar Bharat)**



**Singing of the National Song 'Vande Mataram' by NSS Volunteers**







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### Fit India - Freedom Run 2.0

- The event was held on 11<sup>th</sup> September 2021 to spread awareness of life style related diseases and to promote activities for healthy lifestyle among students.
- Faculty, UG students & non-teaching staff actively participated in this Freedom Run event. Faculty from Dept. of Community Medicine delivered a talk on 'Awareness of life style related diseases along with their prevention & control' for students.
- Thereafter freedom run was started from College Entrance which ended at Green Gym on College ground (3 km). Around 70 NSS volunteers and students actively participated in this mini run.
- Student and staff participated enthusiastically during the activity which helped them to understand importance of physical activity. Participants were encouraged to take similar activities on their own to protect their own health.



**Active participation of Staff & Students in 'Fit India - Freedom Run'**

#### वैद्यकीय महाविद्यालयात 'फिट इंडिया फ्रीडम रन'



नाशिक : आडगाव येथील मराठा विद्या प्रसारक समाजाच्या डॉ. वसंतराव पवार वैद्यकीय महाविद्यालय, रुग्णालय व संशोधन केंद्र आणि राष्ट्रीय सेवा योजना, तसेच क्रीडा विभागाच्या वतीने ७५ व्या स्वातंत्र्यदिनाच्या अमृतमहोत्सवी वर्षाच्या निमित्ताने 'फिट इंडिया फ्रीडम रन' चे आयोजन करण्यात आले. मविप्रच्या सरचिटणीस नीलिमा पवार, अधिष्ठाता डॉ. मृणाल पाटील, शिक्षणाधिकारी डॉ. नानासाहेब पाटील यांच्या मार्गदर्शनाखाली एमबीबीएस विद्यार्थी, तसेच शिक्षक, शिक्षकेतर कर्मचाऱ्यांनी या 'रन' मध्ये सहभाग नोंदविला. महाविद्यालयाच्या मुख्य प्रवेशद्वारापासून प्रारंभ झालेल्या या 'रन' चा समारोप क्रीडा मैदानावर करण्यात आला. यावेळी राष्ट्रीय सेवा योजनेचे महाविद्यालयातील प्रमुख डॉ. राकेश पाटील यांनी 'फिट इंडिया रन' चे महत्त्व विस्तार करून विद्यार्थ्यांना मार्गदर्शन केले. क्रीडा विभागाचे संचालक प्रा. दिलीप गायकवाड, विद्यार्थी प्रतिनिधी कृष्णा निळे, मिधात फातेमा यांच्यासह एकूण ७० विद्यार्थी, शिक्षक, शिक्षकेतर कर्मचाऱ्यांनी सहभाग नोंदविला.

#### डॉ. वसंतराव पवार वैद्यकीय महाविद्यालयात 'फिट इंडिया फ्रीडम रन'

नाशिक : आडगाव येथील

डॉ. वसंतराव पवार वैद्यकीय

महाविद्यालय, रुग्णालय व

संशोधन केंद्र आणि राष्ट्रीय

सेवा योजना तसेच क्रीडा विभागाच्या वतीने ७५ व्या स्वातंत्र्य

दिनाच्या अमृतमहोत्सवी वर्षाच्या निमित्ताने 'फिट इंडिया फ्रीडम

रन'चे आयोजन करण्यात आले होते. मविप्रच्या सरचिटणीस

नीलिमा पवार, अधिष्ठाता डॉ. मृणाल पाटील, शिक्षणाधिकारी डॉ.

नानासाहेब पाटील यांच्या मार्गदर्शनाखाली 'एमबीबीएस' विद्यार्थी

तसेच शिक्षक व शिक्षकेतर कर्मचारी यांनी या 'रन'मध्ये सहभाग

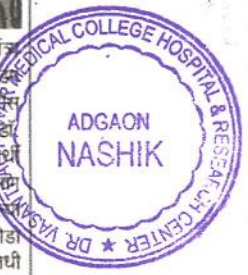
नोंदविला. महाविद्यालयाच्या मुख्य प्रवेशद्वारापासून प्रारंभ झालेल्या

या 'रन'चा समारोप क्रीडा मैदानावर करण्यात आला. क्रीडा

विभागाचे संचालक प्रा. दिलीप गायकवाड, विद्यार्थी प्रतिनिधी

कृष्णा निळे, मिधात फातेमा यांसह एकूण ७० विद्यार्थी, शिक्षक-

शिक्षकेतर कर्मचारी यांनीदेखील या रनमध्ये सहभाग नोंदविला.



#### Newspaper cutting of Fit INDIA Freedom Run





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### **Communal Harmony Campaign Week & Flag Day**

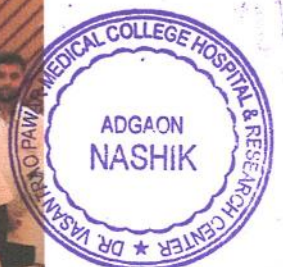
- 'Communal Harmony Campaign Week & Flag Day' observed at Dr. Vasantrao Pawar Medical College Hospital & Research Centre, Nashik from 19<sup>th</sup> to 25<sup>th</sup> November 2021 was a grand success.
- More than hundred medical undergraduate students participated in the event enthusiastically and following activities were observed during the campaign.
  - ✓ **Debate:** Nearly 15 students Participated in a healthy debate and supported communal harmony, Debate topic for the event was- Do Religion gives a noble & peaceful option for mankind's growth & development?
  - ✓ **Skit** on communal harmony depicting wide diversity in culture & Religion in India.
  - ✓ **Essay Competition:** We received more than thirty essays and best three were selected with panel of judges. Theme of essay was Communal harmony and peace in India.



**Skit by students on Communal Harmony**



**Participants of Debate on the occasion of Communal Harmony**







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**State Level Essay Competition on the theme of Organ Donation:**

Institute's NSS Volunteers participated in Essay competition held by Maharashtra University of Health Sciences (MUHS) Nashik in which **Ms. Mansi Sharad Nikam** got **First Prize** in English Language Essay on Organ Donation 2021 at State Level.



**महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक**

MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK

दिंडोरी रोड, म्हास्रुळ, नाशिक - ४२२००४, Dindori Road, Mhasrul, Nashik - 422004

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Website: www.muhs.ac.in, E-mail: sw@muhs.ac.in

**संदिप श्रीराम कुलकर्णी**

(बी.एस.एस., एम.बी.बी.एस. पी.ए., पी.जी.डी.एस.आर.)

प्र.संचालक, विद्यार्थी कल्याण

**Sandip Shriram Kulkarni**

(B.S.L., U.B., M.P.A., P.G.H.D.R.)

Offg. Director, Student Welfare

मंआवि/एसडब्ल्यू/अवयवदान जनजागृती/ ११११/२०२१

दिनांक: ०३/११/२०२१

विषय : "महाअवयवदान अभियान - २०२१" अंतर्गत राज्यस्तरीय व्हिडिओ क्लिप व निबंध स्पर्धेचे निकाल जाहिर करणेबाबत...

संदर्भ : विद्यापीठ परिपत्रक क्र. १५/२०२१ मंआवि/एसडब्ल्यू/अवयवदान जनजागृती/ ६८१/२०२१, दि. ०४/०८/२०२१

उपरोक्त विषय व संदर्भीय पत्रास अनुसरून महाराष्ट्र आरोग्य विज्ञान विद्यापीठाशी संलग्नीत सर्व महाविद्यालये व परिसंस्था यामधील विद्यार्थ्यांकरिता "महाअवयवदान अभियान - २०२१" अंतर्गत दि. १३ ते ३१ ऑगस्ट २०२१ या दरम्यान अवयवदान या विषयावर आधारित राज्यस्तरीय व्हिडिओ क्लिप व निबंध स्पर्धा आयोजित करण्यात आली होती.

त्या अंतर्गत विद्यापीठास प्राप्त व्हिडिओ क्लिप व निबंधांमधून विद्यापीठ निवड समितीने खालील विद्यार्थी स्पर्धाकांच्या व्हिडिओ क्लिप व निबंधांची निवड केलेली आहे.

**निबंध स्पर्धेतील विजेत्या विद्यार्थ्यांची यादी (इंग्रजी भाषा)**

क्र.सं.	विजेत्या विद्यार्थ्यांचे नाव	महाविद्यालयाचे नाव	विजेता क्रमांक
०१	मृणाल विजय पिपळे	मुनिल रामसिंह चुनावाले आयुर्वेद महाविद्यालय, चिखली.	प्रथम
०२	मानसी शरद निकम	डॉ. बसंतराव पवार वैद्यकीय महाविद्यालय, नाशिक.	(विभागीय)
०३	राहुल धम्मपाल रत्नाकर	तेरणा वैद्यकीय महाविद्यालय, नवी मुंबई.	द्वितीय
०४	चिन्मय संजय पुनाळेकर	शासकीय दंत महाविद्यालय, मुंबई.	(विभागीय)
०५	योगिता मोहनराव सिरसाट	सोनाजीराव शिरसागर होमिओपॅथीक वैद्यकीय महाविद्यालय, बीड.	तृतीय
०६	करशी हसन फात्मा	हिंदुलदेवसम्राट बाळासाहेब ठाकरे वैद्यकीय महाविद्यालय, मुंबई.	(विभागीय)
०७	गायत्री रविंद्र कुलकर्णी	शासकीय दंत महाविद्यालय, मुंबई.	उत्तेजनार्थ
०८	आकांक्षा राजेश इंगळे	मुनिल रामसिंह चुनावाले आयुर्वेद महाविद्यालय, चिखली.	उत्तेजनार्थ
०९	श्रुतीजा वसंत ढोके	व्ही.एस.पी.एम.चे-दंत महाविद्यालय, नागपूर	उत्तेजनार्थ
१०	सामिया सिराज खान	के.ए.सो.चे चंद्रकांत हरी केलुसकर होमिओपॅथी वैद्यकीय महाविद्यालय, अलिबाग, रायगड.	उत्तेजनार्थ
११	किर्मी मेघना नेळानुधला	सी.एस.एम.एस.एस. दंत महाविद्यालय, औरंगाबाद.	उत्तेजनार्थ

विजेत्या विद्यार्थ्यांचे विद्यापीठाच्या वतीने हार्दिक अभिनंदन...! तसेच सर्व सहभागी विद्यार्थ्यांसाठी हार्दिक अभिनंदन...!

Dr. Pankaj Pahal  
for M.A.

प्र.संचालक,  
विद्यार्थी कल्याण







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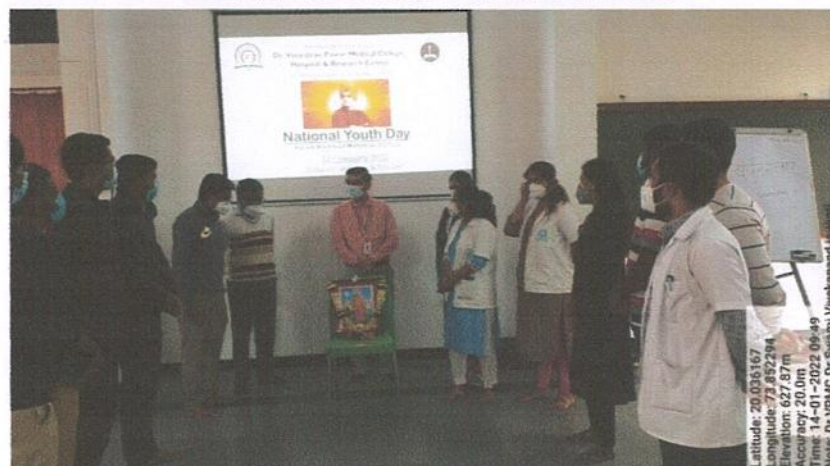
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### National Youth Day Celebration

- National Youth Day was celebrated on 14<sup>th</sup> January 2022 to spread awareness about thoughts of Swami Vivekananda and celebration of national youth day.
- On the occasion of Swami Vivekananda Jayanti, NSS Program Officer shared his thoughts about swami Vivekananda views about the youths and their important role in nation building.



**Pratima pujan of Swami Vivekananda**



**Dr. Rakesh Patil shared his thoughts about Swami Vivekananda views about the youths and their important role in nation building**







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### **Suryanamaskar for Vitality**

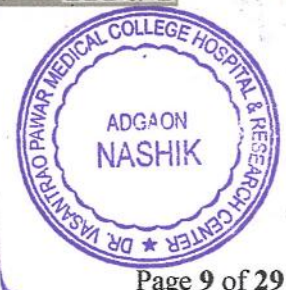
- The programme was conducted to increase the awareness of SURYANAMASKAR among the students & faculty and to promote healthy lifestyle and to highlight the importance and benefits of SURYANAMASKAR.
- In this session demonstration of SURYANAMASKAR was given by Dr. Shreeya Kulkarni.
- Before actual Surya Namaskar, preparatory poses were demonstrated by Dr. Satish Waghmare after which students performed SURYANAMASKAR.
- The importance and benefits of SURYANAMASKAR were highlighted. Students were told to practice at least 12 Surya Namaskar every day to boost immunity and relieve the stress of daily living.



**Active participation of students during Surya Namaskar session**



**Group photo after Surya Namaskar session**







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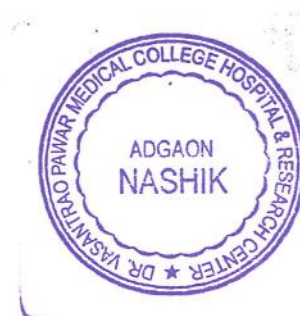
## Republic Day Celebration



Flag hoisting on Republic Day



Republic Day celebration by Staff & Students







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### **One Student One Tree - Tree Plantation Drive**

- This programme was held on 1<sup>st</sup> May, 5<sup>th</sup> June and 10<sup>th</sup> June 2022 to sensitize students about global warming and to promote green earth initiative among them.
- NSS Unit with Faculty from Dept. of Community Medicine, Dr. VPMCH & RC Nashik took a lecture for 30 minutes on 'Saving tree is our Duty' for NSS students on the occasion of World Environment Day 2022.
- It was followed by 'Tree plantation activity' Phase II & Phase III MBBS students, faculty & non-teaching staff within the campus of institute.
- Students and faculty participated enthusiastically during the activity which helped them to connect with nature for a moment.
- Participants were encouraged to take similar activities on their own to save and grow trees.



Tree Plantation on the occasion of Maharashtra Day (1st May 2022)



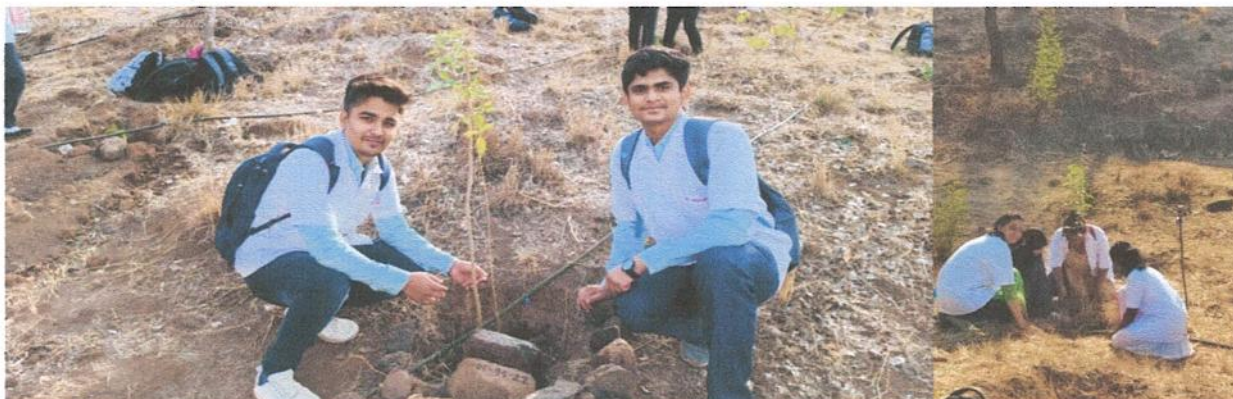




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Tree plantation on the occasion of World Environment Day (5th June 2022)







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Tree plantation on 10th June 2022







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### Swachhta Abhiyan 2022

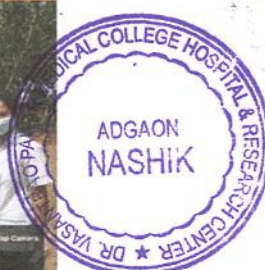
- The activity of 'Swachhta Abhiyan' was conducted on 4<sup>th</sup> June 2022 at Campus of Dr. Vasant Rao Pawar Medical College, Hospital & Research Centre, Nashik as well as at Adgaon village.
- A team of 15 NSS students from Dr. VPMCH & RC Nashik created awareness about the Swachhta among patients and relatives in Hospital OPD. They also told them how the dry and wet waste to be segregated for the purpose of appropriate waste disposal. People were also sensitized that wet waste especially kitchen waste can be converted into manure and which can be used for kitchen garden.
- Another team of 30 NSS students conducted the Swachhta campaign to collect plastic and other garbage from the campus. Faculties from various departments also joined these NSS volunteers for the above mentioned activities.



Plastic waste collection by NSS Volunteers and Faculty at Adgaon



Swachhta Abhiyan activity by Faculty & NSS Volunteers at Campus







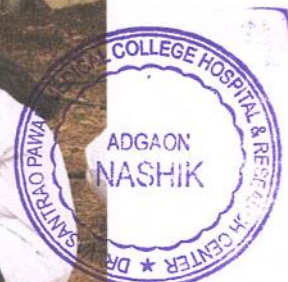
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### MUHS Foundation Day

10<sup>th</sup> June 2022 was celebrated as MUHS Foundation day to sensitize students about Maharashtra University of Health Sciences (MUHS). On the occasion, Chief Guest Dr. Priti Bajaj hoisted MUHS flag and MUHS Anthem was played to salute the flag. Dr. Bajaj madam has expressed her thoughts about the mission of MUHS for students and staff and made them aware about various curricular, co-curricular and extra-curricular activities conducted by our institute to support University's Mission. Around 200 faculty and students attended the event with active participation. Afterwards, tree plantation program was held to celebrate the occasion.







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### **International Yoga Day**

International Yoga Day was celebrated on 21st June 2022 at Dr. VPMCH & RC Nashik. In this program there was live streaming of Address by Honorable Prime Minister of India, Shri. Narendra Modi on the occasion of International Day of Yoga and then the Common Yoga Protocol as directed by AYUSH Mantralaya was followed. In this program preparatory movements and various Aasnas were performed by the participants, like *Bhujangasan*, *Pawanmuktasan*, *Ardhchkarasan*, *Shavansan*, *Trikonasana*. Dr Pradnya Nemade highlighted the Health Benefits of Yoga.

The program started at 6.30 am and concluded at 8.00 am. All faculty members and students participated enthusiastically in this program. The program concluded by National anthem.



Live streaming of Address by Honourable Prime Minister of India on the occasion of International Day of Yoga



Common Yoga Protocol & Guest Lecture by Dr. Pradnya Nemade







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**SPECIAL WINTER CAMP REPORT 2021-2022**

**PLACE: Pimpalgaon Bahula village, TAL: Nashik, DIST: Nashik**

**DURATION: 14/03/2022 TO 20/03/2022**

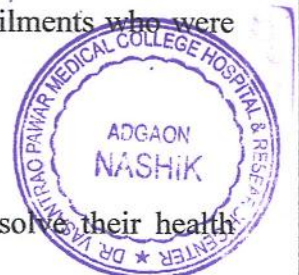
**OVERVIEW OF SPECIAL WINTER CAMP 2021-2022**

NSS Unit of Dr. Vasantao Pawar Medical College, Hospital & Research Centre, Nashik has organized a NSS special winter camp 2021-22 at Pimpalgaon Bahula village, Taluka & District: Nashik. The camp was organized from 14<sup>th</sup> March 2022 to 20<sup>th</sup> March 2022. There were 75 NSS volunteers who participated in the camp. The camp was inaugurated on 14<sup>th</sup> March 2022 at the hands of Mrs. Surekha G. Nagare, Nagarsevak, Pimpalgaon Bahula, Mrs. Vidya Phadke, Director, Gharkul Parivar Sanstha, Nashik, Ms. Nutan Kumari, Principal, MVP's College of Nursing and Dr. Balaji Almale, Professor & Head, Department of Community Medicine, Dr. VPMCH & RC Nashik. Mrs. Vidya Phadke was the chief guest of the programme. NSS programme officer of the institute Dr. Rakesh N Patil shared the programme schedule of activities to be conducted throughout the camp. The theme of camp was "Swastha Mata, Sudrudh Kutumb". In this camp different activities were scheduled such as Guest Lectures, Cleanliness Programme, Tree plantation and Road Safety Drive, NCD Risk-factor Survey, Street play on Organ Donation, Female Foeticide, Malnutrition and Multi-Diagnostic Health Check-up camp. Series of Guest lectures were conducted on the aspects of Care of Specially-abled children, Adolescent sexual & reproductive health and Spiritual health. Every evening there were games and cultural activities organized by NSS volunteers.

Multi-Diagnostic Health Camp was held on 15<sup>th</sup> March 2022. The health camp was inaugurated by Honourable Nagarsevak, Mrs. Nagare and Dean, Dr. Mrunal Patil, Dr. VPMCH & RC Nashik. This camp was attended by around 380 residents of Pimpalgaon Bahula for various ailments who were given free consultation, medicines and referral services.

**The Objectives of the Camp:**

1. To understand the community of Pimpalgaon Bahula Village and work to solve their health problems
2. To identify the health needs and problems of this village
3. To make awareness about malnutrition, female foeticide, organ donation and non-communicable diseases, basic life support among village people







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4. To conduct community oriented programmes
5. To give message of team work through effort works like Swachhta Abhiyan, Tree plantation, Health check-up, and Street play
6. To inculcate healthy and good habits among the students and to infuse in them the spirit of national service
7. To conduct different programs on various issues like specially-abled children, road safety, healthy environment, sexual and reproductive health.

PLANNING OF WORK FOR NSS CAMP

There were different committees for the volunteers for the smooth conduct of the camp before leaving for the Special Winter camp. Various committees like food cooking committee, catering committee, hygiene committee, cultural committee, health survey committee and committee assisting the consultants and residents in health check-up were formed. This planning of work helped to conduct all events smoothly and successfully. This camp also provided opportunity to develop leadership qualities of students and promote healthy team work atmosphere.

INAUGURATION OF NSS CAMP

The inauguration program was organised by NSS volunteers. The inaugural function started with invoking prayers to Lord Ganesha the one who removes obstacles and Devi Saraswati the one who gives knowledge & wisdom by the students who have melodious voices and later the inaugural function. Hon. Nagarsevak, Director of Gharkul Parivar Organization, Nursing College Principal, and HOD Community Medicine were welcomed on this occasion.

The chief guests emphasized the importance of health and the various health related practices to be followed in order to achieve health for all. All the dignitaries addressed all NSS volunteers for their responsibilities towards society and nation. They also appreciated Dr. VPMCH & RC Nashik for taking such initiative for community service through NSS volunteers.



Inauguration of Special Winter Camp & Prayers by NSS Volunteer





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NSS Programme Officer & NSS Secretary Speech for Activities to be held in Camp

COMMUNITY HEALTH SURVEY

From first day of the camp the volunteers after allotting accommodation and breakfast set back to work with the health and socio-economic details. Around 110 houses in Pimpalgaon Bahula village were surveyed for risk factors of non-communicable diseases along with basic socio-demographic details such as education, occupation, drug/substance addictions, and life style. Every one of the group was given an opportunity to have peek into the life of a villager and quench the curious mind. The villagers were very interactive and all ready to lessen their burden. The over whelming response from the villagers motivated the volunteers to do something for these people.



Community Health Survey by NSS students







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Students' interactions during Family Health Survey

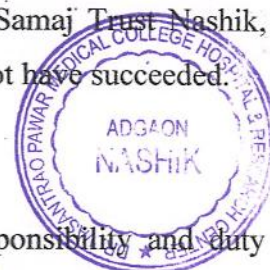


### MULTI-DIAGNOSTIC HEALTH CAMP

A multi-diagnostic health camp was organized by NSS Unit of Dr. VPMCH & RC Nashik on 15<sup>th</sup> March 2022 for the community people in Mukne village. Before this camp, all NSS volunteers made awareness in whole village by going door to door regarding various health issues and told them to come for screening during health camp. Around 380 beneficiaries were screened by various speciality physicians during this camp. Gharkul Pariwar Sanstha's children and staff were also screened for common health problems. This health camp was wholeheartedly supported by Head of the institute Dr. Mrunal Patil madam, management representative of MVP 'Samaj' Trust Nashik, village level administrators and other people without which this camp would not have succeeded.

### INAUGURATION OF HEALTH CAMP

Hon'ble Dean, Dr. Mrunal Patil madam told NSS volunteers for their responsibility and duty towards community people regarding health problems. She congratulated volunteers for their active participation in various activities. She also thanked management of MVP Samaj and Village people for their support and coordination during the camp.







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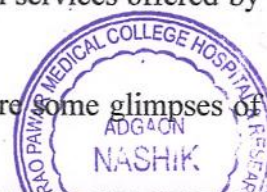
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**Hon'ble Dean of the Institute addressing NSS Volunteers & Inmates of Gharkul Pariwar**

Various dignitaries presented their views and guided NSS volunteers for their future work in the community through their speech. HOD Community Medicine, Dr. Balaji Almale shared his experience during NSS camp during his graduation which inspired NSS volunteers for selfless work in the society as a doctor. Pimpalgaon Bahula Nagarsevak madam guided NSS volunteers on how to give their valuable contribution to community through various activities held during NSS camp. NSS Program Officer, Dr. Rakesh Patil told village people to take health services offered by Dr. VPMCH & RC Nashik on routine basis.

A good response by the village people was seen during the camp. Following are some glimpses of this health camp.







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**Glimpses of Multi-diagnostic Health Camp during NSS Special Winter Camp**

During the camp a lecture cum demonstration on Basic Life Support (BLS) - Nav Sanjeevani was held for common people and NSS volunteers by Dr. Sankalecha, Professor from Dept. of Anesthesia, Dr. VPMCH & RC Nashik. BLS guide people to act in a manner so as to save life of a





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person in emergency situation where cardiac and pulmonary support is provided at primary level till further help arrives.



Nav-Sanjeevani (Basic Life Support) Demonstration-cum-Lecture by Anesthesia PGs

HEALTH EDUCATION THROUGH STREET PLAYS & POSTERS

Various street play programmes were organized by NSS volunteers. The main motive of the street play was to educate the rural people about various social and health issues like Organ Donation, Malnutrition and Female Foeticide. These plays were successfully conducted and helped to build the healthy interaction of the rural people with volunteers which addressed myths and misconceptions of village people about the health problems.



Menstrual Hygiene & Physiotherapy Session for Gharkul Sanstha's Girl students...





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Street Play on Organ Donation in Pimpalgaon Bahula Village by students....



Street Play on Malnutrition & Female Feticide (Beti Bachao - Beti Padhao)





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Posters on Road Safety made by volunteers for awareness



SWACCHH BHARAT ABHIYAN & TREE PLANTATION DRIVE

A clean village & tree plantation programme was held at Pimpalgaon Bahula. 20 trees were planted in the village with help of NSS volunteers. NSS Programme Officer Dr. Rakesh Patil requested villagers to save trees and maintain environment in balance. Average lifetime of human being is decreasing decade by decade. People feel and live in hybrid life, it is needed to protect environment by planting and growing trees.







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Cleanliness Drive (Swachhta Abhiyan)







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Tree Plantation Drive

LECTURE BY GUEST

Up gradation of the medical knowledge always results in the understanding of the health problems in a better way and thereby accounts for the better solutions of the health problems by approaching a positive attitude developed from the education. For the sake of this, a series of lecture were arranged for the volunteers and the villagers.



Guest Lectures







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### CULTURAL ACTIVITIES

Every day in the evening after the series of activities there were cultural programs organized by the participated volunteers for the purpose of refreshing and educating the participants of the camp. This had created a more sense of stage daring in them, which usually is lacking in many of the children despite having an excellent talent in them. NSS Volunteers organized cultural activities at evening time during camp days to give social awareness messages through the entertainment. They organized plays, musical skits; group dance, poems on various social issues. They presented a plays on "Save Child Girls", "Personal Hygiene" etc.

### EXTRA-CURRICULAR ACTIVITIES:







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**NSS Special Winter Camp Memories**



**CONCLUSION CEREMONY OF THE CAMP**

The camp was concluded on 20<sup>th</sup> March in the presence of Mrs. Vidya Phadke, Director, Gharkul Pariwar, Pimpalgaon Bahula, Dr. Rakesh Patil (NSS PO) and Mr. Dilip Gaikwad (NSS Co-ordinator). A welcome speech was delivered by Mr. Krishna Nile & Ms. Midhat Fatema, NSS student secretary & co-secretary respectively. NSS volunteers were felicitated and prizes were given for winners of Poster competition on Environmental sanitation. Students expressed their deep feelings about the importance of basic knowledge of healthy habits and practices. Volunteers have given their feedback on what they have learned in the special camp. And during learning process in what way they made the people aware of many health issues like non-communicable diseases, environmental sanitation, immunization, road safety, malnutrition, female feticide and personal hygiene. Vote of thank was given by Mr. Deelip Gaikwad, NSS Assistant PO of institute.



*[Signature]*  
**NSS Co-ordinator**

*[Signature]*  
**Professor & Head**  
**Dept of Community Medicine**  
**Department of Community Medicine**  
**Dr. Vasantrao Pawar Medical College,**  
**Hospital & Research Centre, Nashik**  
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*[Signature]*  
**NSS Programme Officer**  
**National Service Scheme**  
**Dr. Vasantrao Pawar Medical College,**  
**Hospital & Research Centre, Nashik.**  
*[Signature]*  
**DEAN**  
**Dr. VPMCH & RC, Nashik**  
**Hospital & Research Centre, Nashik**