




Maratha Vidya Prasarak Samaj's
**Dr. Vasant Rao Pawar Medical College,
Hospital & Research Centre, Nashik**

Vasantdada nagar, Adgaon, Nashik 422003, Maharashtra



FACULTY PROFILE

<p>1. Name – Dr. Yashowardhan Vijaykumar Totala</p> <p>2. Qualification – M.D., D. N. B. Community Medicine</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">Qualification</th> <th style="text-align: left;">University</th> <th style="text-align: left;">Year of Passing</th> </tr> </thead> <tbody> <tr> <td>MBBS</td> <td>MUHS, Nashik</td> <td>2018</td> </tr> <tr> <td>M.D. Community Medicine</td> <td>MUHS, Nashik</td> <td>2021</td> </tr> <tr> <td>D.N.B. Community Medicine</td> <td>NBE, New Delhi</td> <td>2022</td> </tr> <tr> <td>UGC-NET (Social Medicine and Community Health)</td> <td>UGC, New Delhi</td> <td>2022</td> </tr> <tr> <td>Post Graduate Certificate in Climate Change (PGCCC)</td> <td>IGNOU, New Delhi</td> <td>2024</td> </tr> <tr> <td>Certificate Course in Health Professions Education (CCHPE)</td> <td>Era University - SIVU</td> <td>2025</td> </tr> <tr> <td>Post Graduate Certificate in Health Professions Education (PG-CHPE)</td> <td>Bhaikaka University, Karamsad</td> <td>2025</td> </tr> <tr> <td>Member of National Academy of Medical Sciences (MNAMS)</td> <td>NAMS, New Delhi</td> <td>2025</td> </tr> <tr> <td>Post Graduate Diploma in Population and Family Health Studies (PGDPFHS)</td> <td>IGNOU, New Delhi</td> <td>2025</td> </tr> </tbody> </table> <p>3. Designation – Assistant Professor, Department of Community Medicine</p> <p>4. Date of Joining the Institution – 22/10/2022</p> <p>5. Area of Specialization – Community Medicine</p>	Qualification	University	Year of Passing	MBBS	MUHS, Nashik	2018	M.D. Community Medicine	MUHS, Nashik	2021	D.N.B. Community Medicine	NBE, New Delhi	2022	UGC-NET (Social Medicine and Community Health)	UGC, New Delhi	2022	Post Graduate Certificate in Climate Change (PGCCC)	IGNOU, New Delhi	2024	Certificate Course in Health Professions Education (CCHPE)	Era University - SIVU	2025	Post Graduate Certificate in Health Professions Education (PG-CHPE)	Bhaikaka University, Karamsad	2025	Member of National Academy of Medical Sciences (MNAMS)	NAMS, New Delhi	2025	Post Graduate Diploma in Population and Family Health Studies (PGDPFHS)	IGNOU, New Delhi	2025	<p>PHOTO</p> 
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<p>6. Area of interests – Immunization, Communicable and Non-Communicable Diseases, Environment and Health</p> <p>7. PG guide – No</p> <p>8. PhD Guide – No</p> <p>9. Research Paper Publication –</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: center;">Sr. No.</th> <th style="text-align: center;">Title of Paper</th> <th style="text-align: center;">Authors</th> <th style="text-align: center;">Journal Details</th> <th style="text-align: center;">Indexing</th> <th style="text-align: center;">National/ International</th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">1</td> <td>Addiction/Drug Use and Usage of Condoms Among Homosexual Males: A Cross-sectional Study</td> <td>Dr. Yashowardhan Totala, Dr. Abhiram Kasbe</td> <td>Addiction & Health, Volume 16, Issue: 1 - 2024; 28-34</td> <td>Pubmed Central, Scopus</td> <td>International</td> </tr> <tr> <td style="text-align: center;">2</td> <td>Prevalence of Type 2 Diabetes Mellitus and its Associated Risk Factors in an Urban Slum of a Metropolitan City</td> <td>Dr. Kamran Qureshi, Dr. Mrudula Karnedy Dr. Ankush Pawar Dr. Yashowardhan Totala</td> <td>Preventive Medicine, Research and Reviews (PMRR), Volume 2, Issue: 2 - 2025; 57-61</td> <td>DOAJ</td> <td>National</td> </tr> </tbody> </table>		Sr. No.	Title of Paper	Authors	Journal Details	Indexing	National/ International	1	Addiction/Drug Use and Usage of Condoms Among Homosexual Males: A Cross-sectional Study	Dr. Yashowardhan Totala, Dr. Abhiram Kasbe	Addiction & Health, Volume 16, Issue: 1 - 2024; 28-34	Pubmed Central, Scopus	International	2	Prevalence of Type 2 Diabetes Mellitus and its Associated Risk Factors in an Urban Slum of a Metropolitan City	Dr. Kamran Qureshi, Dr. Mrudula Karnedy Dr. Ankush Pawar Dr. Yashowardhan Totala	Preventive Medicine, Research and Reviews (PMRR), Volume 2, Issue: 2 - 2025; 57-61	DOAJ	National												
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10. Research Paper Presentation in Conference -

Sr. No.	Title of Paper	Authors	Conference Details	ISSN/ ISBN/ UGC	National/ International
1	Self-care Practices Among Hypertensive Patients attending Out Patient Department of Urban Health Centre in a Metropolitan City (Poster).	Dr. Yashowardhan Totala, Dr. Abhiram Kasbe	IAPSMCON, Mahabalipuram, 2020	-	2020
2	Sexual practices, knowledge about sexually transmitted diseases and, their association with condom use among homosexual males aged 18-24 years living in the city of Mumbai – A cross-sectional study.	Dr. Yashowardhan Totala, Dr. Abhiram Kasbe	IAPSMCON, Mangaluru, 2024	-	2024
3	A study of First year medical students expectations from the medical college, and their perception of what it is to be a doctor, and how one can become a good doctor	Dr. Yashowardhan Totala Dr. Akshada Shinde Dr. Snigdha Thakur Dr. Sunita Pawar Dr. Balaji Almale Dr. Ashok Vankudre	IAPSMCON, Srinagar, 2025	-	2025

11. Co-Curricular & Extra Curricular activities –

A) Co-curricular Activities:

Member	1) Medical Education Unit (MEU) 2) Internal Anti-ragging Squad
Member Secretary	1) Institutional Research Committee (IRC) 2) Placement Cell
Ex-Member	1) Scientific/Synopsis Review Committee (2023-25) 2) Hostel and Mess Committee (2023-24)
Guide	1) Mr. Minhazul Mandal (III MBBS Student) DHR STS Project – Selected for Grant of Rs. 60000/- by Department of Health Research (DHR), Government of India 2) Ms. Aditi Mogal (III MBBS Student) Short Term research Grant (STRG) – MUHS for Grant of Rs. 10000/-
Funded Research Project	Rs. 1,50,000/- (MAMTA Health Institute for Mother and Child, New Delhi), 2024 Title: “Determinants of JUNCs Consumption, its association with health status of adolescents and need of strengthening food legislations in India.”
Resource Faculty	1) Basic Course in Medical Education (BCME) 2) Resident as Teacher (RAT) 3) Research Methodology Workshops (RMW) – MUHS Approved Faculty 4) Good Clinical Practices (GCP) 5) Synopsis Writing Workshops for PG Students
Mentor	Phase I MBBS Students (Batch 24-25) under Mentor-Mentee Program of the Institute
In-charge	Department NAAC Criteria 2 – “Teaching Learning Evaluation”
Other	1) Worked as Senior Supervisor - MUHS Winter 2024 Examinations 2) Chairperson/Judge – Poster Presentation at Conferences 3) Zonal (North Maharashtra Region) Coordinator IPHA (Maharashtra Chapter) Quiz for III MBBS Undergraduate students, 2023 4) Judge – National Family Adoption Programme (FAP) Essay Writing Competition jointly organized by National Medical Commission (NMC) and IAPSM, 2024 5) Zonal (North Maharashtra Region) & College Coordinator IAPSM World Health Day Quiz for MBBS Undergraduate students, 2025

B) Extra-curricular Activities

Reading Novels, Watching Chinese/Korean/Turkish Dramas, Exploring Mountains, Beaches, and Waterfalls

12.Mandatory Trainings –

Name of course	Date of training	Place of training
Basic Research Methodology Workshop (BRMW)	23/07/2018 To 25/07/2018	Topiwala National Medical College & B.Y.L. Nair Charitable Hospital, Mumbai
Advanced Course in Research Methodology (ARMW)	11/09/2023 To 16/09/2023	IMETTT, MUHS, Nashik
Good Clinical Practice (GCP) Workshop	27/12/2023	Dr. Vasantao Pawar Medical College, Hospital & Research Centre, Adgaon Nashik
Basic Course in Medical Education (BCME)	21/02/2024 To 23/02/2024	Dr. Vasantao Pawar Medical College, Hospital & Research Centre, Adgaon Nashik
Basic Workshop on Health Sciences Technology (Basic - HSET)	24/07/2024 To 26/07/2024	IMETTT, MUHS, Nashik
Basic Course in Medical Education (BCME)	07/08/2024 To 09/08/2024	IMETTT, NMC Regional Centre, MUHS, Nashik
Curriculum Implementation Support Program (CIPS) - III	15/10/2024 To 16/10/2024	IMETTT, NMC Regional Centre, MUHS, Nashik
Basic Course in Biomedical Research (BCBR)	December, 2024	ICMR, NIE, SWAYAM - NPTEL
Advanced Course in Health Sciences Education Technology (AC – HSET)	August, 2025 to January, 2026	IMETTT, MUHS, Nashik