




Maratha Vidya Prasarak Samaj's
**Dr. Vasant Rao Pawar Medical College,
Hospital & Research Centre, Nashik**
Vasantdada nagar, Adgaon, Nashik 422003, Maharashtra



FACULTY PROFILE

1. Name – Dr. Tanuja Ravindra Brahmkankar		PHOTO			
2. Qualification - M.B.B.S. M.D. Community Medicine					
Qualification	University	Year of Passing			
M.B.B.S.	M.U.H.S.	2011			
M.D.	M.U.H.S.	2016			
ACLP	Begin Ed India	2023			
3. Designation - Assistant Professor					
4. Date of Joining the Institution - 03/03/2023					
5.. Area of Specialization - Community Medicine					
6. Area of interests - Research					
7. PG guide - No					
8. PhD Guide - No					
9. Research Paper Publication -					
S.N.	Title of the paper	Authors	Journal Details	Indexing	National/ International
1	Prevalence and risk factors of hypertension among the bank employees of Western Maharashtra – a cross sectional study.	Dr Tanuja, Brahmkankar, Dr. Priya M. Prabhu	International Journal of Community Medicine and Public Health 4(4) 2017	index copernicus Pubmed	International
2	A record based study of frequency and pattern of medico-legal cases reported at a tertiary care hospital in Miraj.	Dr Tanuja, Brahmkankar, Dr. Sachin Sharma	International Journal of Community Medicine and Public Health 2017	index Copernicus Pubmed	International
3	Knowledge and Attitude of Nursing Staff about 'Complementary Feeding' in a Tertiary Care Hospital in Western Maharashtra	Brahmkankar TR, Prabhu PM, Naik JK	● EAS J Nurs Midwifery, 2019;	index copernicus	International
4	Evaluation Of Mobile Phone Dependence Among The Students Of Government Medical College.	Brahmkankar TR, Sharma SK, Vishwanath GR	EASJMS 2(3) 2019	index copernicus	International
5	Risk Factors of	Brahmkankar TR,	JMSCR 6 2018	index copernicus	International

	Cardiovascular Diseases and Cardiovascular Risk Assessment in the Bank Employees of Western Maharashtra – A Cross Sectional Study	Sonaje JC			
6	A Clinico-Epidemiological Study of Acute Diarrhoea in Under Five Children Admitted in a Tertiary Care Hospital in Western Maharashtra	Sangrulkar TV, Aiwale CK, Brahmankar TR	JMSCR 6(3) 2018	index copernicus	International
7	Study of overweight and obesity and its risk factors among adults in an adopted urban slum area of Government Medical College, Miraj	Sharma SK, Brahmankar TR, Sangrulkar TV	IJCMPh 4(5) 2017	index copernicus	International
8	Anthropometric assessment of nutritional status of children attending anganwadi in urban slums of Miraj city, Maharashtra	Gondikar A, Sangrulkar TV, Brahmankar TR	IJCMPh 4(11) 2017	index Copernicus Pubmed	International
9	Knowledge, Attitude and Practice of Expression of Breast Milk among Mothers in Western Maharashtra	Prabhu PM, Brahmankar TR, Radhe BK, Naik JD, Behere VS	JMSCR 4(!)2016	index copernicus	International
10	Geriatric Life Style Profile in an Urban Slum of Maharashtra	Jain S, Doibale MK, Naik JD, Brahmankar TR, Mathurker MP, Kaware AC	SJAMS 7(B) 2015	index copernicus	International
11	A Study of Socio Demographic Profile of Geriatric Population in the Field Practice Area of a Medical College	Jain S, Doibale MK, Naik JD, Brahmankar TR, Mathurker MP, Kaware AC	SJAMS 7(A) 2015	index copernicus	International
12	A case report of pharyngeal kinking of endotracheal tube in a child undergoing sinus surgery: a rare complication	Brahmankar TR, Ravindra C, Dhandare A, Pattanaik S	IJSR 8(2) 2019	index copernicus	International
13	Iron overload, oxidative stress and antioxidant capacity in beta thalassemia major patients attending a tertiary care hospital in miraj, Maharashtra	Deshmukh KJ, S Chaudhari Brahmankar TR	IJSR 8(9) 2019	index copernicus	International

14	Health status of cotton ginning workers in central India: a cross sectional study.	Rathod S Brahmankar TR	JDMIMSU 19 20/03/2024	scopus	International
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10. Research Paper Presentation in Conference -

Sr. No.	Title of Paper	Presenting Author	Conference Details	ISSN/ ISBN/ UGC	National/ International
1	Frequency and pattern of medicolegal cases reported at a tertiary care hospital in Western Maharashtra	Dr Tanuja, Brahmankar,	58 th Annual National Conference of IPHA at SV Medical	-	National
2	A cross sectional Study on KAP of nursing staff about complementary feeding in a tertiary care hospital in Western Maharashtra	Dr. Tanuja Brahmankar	26 th annual State conference of Karnataka association of community Health Kachcon2014		
3	Clinical Profile of hypertension among bank employees in western Maharashtra	Dr Tanuja Brahmankar	Prevencon 2.0		International
4	Interventional study on Knowledge, Attitude and practices regarding menstruation among adolescent schoolgirls (10-19 years) of urban Nashik.	Dr Tanuja Brahmankar	Conference Adolescon 2024		National

11.Co-Curricular & Extra Curricular activity –

Co-curricular Activities:

Speaker	<ul style="list-style-type: none"> • International Conference at Austria in 2019 • Basic Research Methodology Workshops at DRVPMCH Nashik • Synopsis writing workshop at DRVPMCH Nashik • Manuscript writing workshop held at DRVPMCH Nashik in 2024,2025. • MET engineering college, Nashik for life style modifications • ‘Gender sensitization’ at Matoshree engineering college, Nashik, 2025 • Power of ‘Self love on women’s health’ at MET engineering college Nashik, 2025. • ‘Life style modifications’ at Matoshree engineering college, Nashik 2025. • ‘First aid training’ at MVP’s college of pharmacy, 2025.
Best reviewer award	<ol style="list-style-type: none"> 1. Journal of preventive medicine and holistic health in 2021 by IESRF 2. Journal of preventive medicine and holistic health 2019 3. Journal of preventive medicine and holistic health 2020. 4. Journal of diagnostic pathology and oncology. 2019 5. Journal of diagnostic pathology and oncology 2020
Editor	<ul style="list-style-type: none"> • Journal of cardiology for year 2019
Member secretary	Summer Internship Programme
Ex Member Secretary	<ol style="list-style-type: none"> 1.Institutional Research Committee 2. Synopsis Review Committee
Member	Foundation committee Tobacco Cessation committee Internal Complaint Committee Cultural and Sports Committee ARTS Team Hostel and Mess Committee
Guide	Research Guide of 3 MBBS students one selected for STS ICMR grant and two students selected for STRG grants.
Mentor	Mentor of 3 Phase 1 and 5 phase III/I MBBS students
Life Member	IAPSM IPHA SAVANA
Certificate Courses	Digital Health Foundation Course by MUHS19/09/2025 Systematic Review and Meta analysis on 26/05/2025 Innovative Teaching strategies and Tools in the digital age on 30/09/2024
Trainings	POSH ACT 2013 IMNCI held at GMC Nagpur by MUHS
Workshops	Intellectual Property Right sensitisation

- State level Approval of Operational Research Project with a Grant of 4 lakhs in 2024

Extracurricular activities:

- 3rd Winner in MUHS Health Run 10km 2025.
- Winner of **Chess** female competition at DRVPMCH Nashik 2025
- Winner of **Carrom** mixed competition at DRVPMCH Nashik 2025
- Winner at marathi **Laghunatika** competition held for social enlightenment on marriage counseling, 2025
- Winner of **Bhajan** competition held in Nashik 2025
- **Singing** at radio vishwas on 21st August 2025.
- Health awareness through a comedy play in a state level competition.
- Participated in MVP **marathon** 10km in 2024, 2025, also 5km Run held by Wani Samaj, Nashik 2023.
- Manacha mujra for **covid warrior** by Amvita IC 2020.
- Winner in **Rangoli** competition by Lokmanya multipurpose society, 2019
- Winner of **musical chair** at Apollo Madurai 2018.
- **Rangoli** competition 2019 . Winner in Rangoli competition 2014 Miraj.
- **100 meter race** winner in 2016 in Miraj.
- Winner in **chess** and **carrom** vidarbha level competitions held in GMC Nagpur.

12.Mandatory Trainings -

Name of course	Date of training	Place of training
BCBR	Feb. 2024	ICMR, NIE, Swayam, Nashik.
BCME	21 st to 23 rd January 2025.	Dr. VPMC & RC, Nashik
CISP	7 th to 8 th October 2025	Dr. VPMC & RC, Nashik
Adv. Research Methodology Workshop	15 th to 20 th 2025	Smt KB Abad Homeopathy Med. College, Nashik.
GCP	27 th Dec.2023	Dr. VPMC & RC, Nashik