



**Dr. Vasant Pawar Medical College, Hospital & Research  
Centre, Adgaon, Nashik – 03**

**FACULTY PROFILE**

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|--|---|---|--|------------------|--------------------------------|
| 1. Name – Dr Anupam Suhas Khare<br>2. Qualification – MBBS, MD Physiology  |   |  <p align="center">(PHY-2137425)</p> |  |                  |                                |
| <b>Qualification</b>   | <b>University</b>   |   | <b>Year of Passing</b>                               |                  |                                |
| MBBS   | Pune  |   | 1999   |                  |                                |
| MD/MS  | MUHS  |   | 2010   |                  |                                |
| Any other<br>(DNB/DM/MCh/Fellowship/Diploma, etc.)<br>)  |   |   |  |                  |                                |
| 3. Designation – Assistant Professor<br>4. Date of Joining the Institution - 27/01/2020<br>5. Area of Specialization - Physiology  |   |   |  |                  |                                |
| 6. Area of interests – Endocrine Physiology, Research.<br>7. PG guide - No<br>8. PhD Guide - No<br>9. Research Paper Publication - |   |   |  |                  |                                |
| <b>Sr. No.</b>   | <b>Title of Paper</b>   | <b>Authors</b>  | <b>Journal details</b>                               | <b>Indexing</b>  | <b>National/ International</b> |
| 1  | Effect of duration of service on occupational noise induced hearing loss in industry workers.       | Dr.AnupamS.Khare, Dr.NirmalaG.Borade, Dr.YogeshS.Gupta, Dr.Pranita Ashok  | Indian Journal of Applied Research                   | Index Copernicus | International                  |
| 2  | Association between noise induced hearing loss and intensity of noise exposure in industry workers. | Dr.AnupamS.Khare, Dr.NirmalaG.Borade, Dr. Motilal C. Tayade   | Global Journal For Research Analysis                 | Index Copernicus | International                  |
| 3  | Association between noise induced hearing loss and age in industry workers.                         | Dr.AnupamS.Khare, Dr.NirmalaG.Borade, Dr. Motilal C. Tayade   | International Journal of Scientific Research         | Index Copernicus | International                  |
| 4  | Effects of L-Thyroxine treatment on QTc interval of overt hypothyroid female patients.              | Dr. Santosh M. Kayande, Dr. Urjita S. Zingade, Dr. Anupam S. Khare.   | Indian Journal of Basic and Applied Medical Research | Index Copernicus | International                  |
| 5  | Electrocardiographic changes in female patients with altered thyroid Status.                        | Dr. Santosh M. Kayande, Dr. Urjita S. Zingade, Dr. Anupam S. Khare.   | Applied Physiology and Anatomy Digest                | Index Copernicus | International                  |

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| 6  | Comparative study of aerobic power between sportsmen and sedentary control group.  | Dr. Purushottam D. Wagh,<br>Dr. Neela V. Aundhakar,<br>Dr. Anupam S. Khare.                              | Indian Journal of Applied Research             | Index Copernicus | International |
| 7  | Can Early Medical Intervention Reduce the Patho-Physiological Complications Due to Foreign Bodies Impacted In Aerodigestive Tract? - A Prospective Clinical Study. | Dr. P. Shimpi,<br>Dr. H. Sonawane,<br>Dr. A. Khare.  | IOSR Journal of Dental and Medical Sciences    | Index Copernicus | International |
| 8  | Study of internet addiction in undergraduate medical students.   | D. Ade,<br>Dr. A. Khare,<br>Dr. S. Kayande.  | IOSR Journal of Dental and Medical Sciences    | Index Copernicus | International |
| 9  | Is obesity associated with polycystic ovarian disease? – an observational analytical study.  | Dr. Archana Shirsath,<br>Dr. Anupam S. Khare,  | Applied Physiology and Anatomy Digest.         | Index Copernicus | International |
| 10 | Does Controlled And Uncontrolled Type II Diabetes Mellitus Affect Median Nerve Conduction Parameters? - An Analytical Study.                                       | Dr. D. Pole,<br>Dr. S. Kayande,<br>Dr. A. Khare,<br>Dr. A. Kowale  | IOSR Journal of Dental and Medical Sciences    | Index Copernicus | International |
| 11 | Does regular physical exercise enhance pulmonary function in athletes?: A cross-sectional study.   | Dr. Purushottam D. Wagh,<br>Dr. Neela V. Aundhakar,<br>Dr. Anupam S. Khare                               | Applied Physiology and Anatomy Digest          | Index Copernicus | International |
| 12 | Anaerobic power higher in sportsmen- A comparative cross-sectional study.  | P D Wagh,<br>A S Khare.  | MedPulse International Journal of Physiology   | Index Copernicus | International |
| 13 | Can body plethysmography demonstrate early worsening of lung function in smokers?- a comparative randomized cross-sectional study                                  | Dr. Yogesh S. Gupta, Dr. Sneha Sathe,<br>Dr. Urjita Zingade,<br>Dr. Arun Kowale,<br>Dr. Anupam S. Khare. | . International Journal Of Scientific Research | Index Copernicus | International |
| 14 | Study of demographic profile of rheumatic  | Dr. Yogesh S. Gupta, Dr. Shalikram K. Jadhao   | Global Journal For Research                    | Index            | International |

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|----|--|--|---|------------------|---------------|
|    | mitral stenosis patients.  | Dr. Anupam S.Khare,<br>Dr. Anil Modak.   | Analysis<br>December  | Copernicus       |               |
| 15 | Does bodybuilding decrease the risk for cardiovascular diseases? A comparative study of competitive bodybuilders and healthy sedentary subjects.                           | Kamble H Prathamesh,<br>Ali Thobani Barkat,<br>Phatak Suresh Mrunal,<br>Khare Suhans Anupam  | International journal of sports sciences and fitness  | Index Copernicus | International |
| 16 | Effect of glycemic status on peripheral nerve conduction in lower limbs in type 2 diabetes mellitus patients.  | Pranali P. Sonawane,<br>Swati H. Shah,<br>Savita M. Vaidya,<br>Pradeep S. Nahar,<br>Anupam S. Khare,<br>Kiran H. Buge.   | International Journal of Research in Medical Sciences   | Index Copernicus | International |
| 17 | Does isotonic exercise affect sperm vitality in healthy males? – A analytical study.   | Dr. Hrushikesh R. Shitole,<br>Dr. Neela V. Aundhakar,<br>Dr. Anupam S. Khare.  | International Journal of Scientific Research.   | Index Copernicus | International |
| 18 | Peer-assisted teaching method to foster learning physiological basis of electrocardiography among 1 <sup>st</sup> year medical graduate students: An interventional study. | Prathamesh Haridas Kamble,<br>Dr. Anupam S. Khare,<br>Shital Sopanrao Maske,<br>Gaurav Sharma,<br>Arun Narayan Kowale.   | Journal of education and health promotion.  | Pub med          | International |
| 19 | Are Difficulty index and discrimination index useful tools for assessing the quality of MCQs? – A cross sectional study  | Dr. Amita Verma <sup>2</sup> ,<br>Dr. Anupam, Khare <sup>4*</sup> ,  | European Journal of Molecular and clinical medicine   | Embase           | International |
| 20 | Study to Assess Various Glycaemic Parameters and Diabetic Peripheral Neuropathy in Patients with Diabetes Mellitus.  | Dr. Archana Kadam <sup>1</sup> ,<br>Dr. Amita Verma <sup>2</sup> ,<br>Dr. Kiran Avachar <sup>3</sup> ,<br>Dr. Anupam, Khare <sup>4*</sup> ,<br>Dr. Swati Sonawane <sup>5</sup> . | Journal of Cardiovascular Disease Research<br>ISSN: 0975-3583,<br>0976-2833 VOL 13,<br>ISSUE 04, 2022 | Embase           | International |
| 21 | Public health ethics in India Review:  | Dr. MC Tayade,<br>Dr. RN Patil,<br><b>Dr. Anupam Khare.</b>  | Indian Journal of Basic and Applied Medical Research;<br>December 2017<br>Volume 7(1); 305-310.       | Index Copernicus | International |

#### 10. Research Paper Presentation in Conference –

| Sr. No. | Title of Paper | Authors | Conference details | ISSN/ISBN /UGC | National/ International |
|---------|----------------|---------|--------------------|----------------|-------------------------|
|         | NIL            |         |                    |                |                         |

11.Co-Curricular & Extra Curricular activity –  
OBC Committee-Member secretary,  
Placement cell member,  
Sports committee member.

12.Mandatory Trainings -

| <b>Name of course</b>            | <b>Date of training</b>    | <b>Place of training</b>   |
|----------------------------------|----------------------------|--|
| Basic Research Methodology (RMW) | 13/02/2014 to 15/02/2014   | BJGMC, Pune  |
| Basic MET/ Revised Basic MET     | 06/09/2016 to 08/09/2016   | Institute of MET & Teachers training centre, Aundh-Pune (MUHS Regional centre) |
| CISP                             | NIL                        | NIL  |
| Advance MET                      | July 2014 to December 2014 | Institute of MET & Teachers training centre, Aundh-Pune (MUHS Regional centre) |