




FACULTY PROFILE

1. Name - Dr Rushika Bharatkumar Patel 2. Qualification - M.B.B.S. , M.S. (ENT)				
Qualification	University		Year of Passing	
M.B.B.S	Gujarat		2010	
M. S. E.N.T.	Gujarat		2013	
Any other (DNB/DM/MCh/Fellowship/Diploma/Ph.D etc.)				
3. Designation - Associate Professor				
4. Date of Joining the Institution - 04/07/2015				
5. Area of Specialization - Otolaryngology				
6. Area of interests - Rhinology, Otology, Paediatric Otorhinolaryngology, Neuro otology				
7. PG guide - Yes/No				
8. PhD Guide - Yes/No				
9. Research Paper Publication -				
Sr. No.	Title of Paper	Authors	Journal Details (with ISSN/ ISBN/ PMCID Number) DOI	Indexing r)
1	Anterior Canal BPPV- A Rare Form of Vertical Canalolithiasis: Series of 11 Cases.	Dr Rushika Patel Dr Pushkar Lele	Indian J Otolaryngol Head Neck Surg [Internet]. 2024; Available from: https://doi.org/10.1007/s12070-024-04686 ISSN: 2231-3796 (Print) 0973-7707 (Online)	Pub-Med, SCOPUS SCImago UGC- Care List
2	Comparing Treatment Outcome of Allergic Rhinitis Patients After Using Fluticasone Nasal Spray and Nasal Douching,	Suramya Dhamija, Rushika Patel, Shashikant Anil Pol, Shreeya Kulkarni, Nirmala Yamagar	Journal of Clinical Otorhinolaryngology, (2024). 6(1); DOI:10.31579/2692-9562/109	Index Copernicus Cros Ref

3	Study of Morphological and Anthropometric Features of Human Ear Ossicles	Dr Shreeya Kulkarni Dr Nirmala Yamgar Dr Shashikant Anil Pol Dr Rushika Patel Dr Alisha Gilani	Indian Otolaryngol Head and Neck Surgery 2023;(Online):1–6 October 2023 ISSN: 2231-3796 (Print) 0973-7707 (Online)	Pubmed Indexed
4	Tragal Cartilage Support for Temporalis Fascia Graft in type I Tympanoplasty	Dr Nirmala Yamgar Dr Rushika Patel Dr Shreeya Kulkarni Dr Kirankumar Burse Dr Suramya Dhamija	, J Clinical Otorhinolaryngology, 5(3); ISSN: 2692-9562 DOI:10.31579/2692-9562/099	Cross ref
5	Microbiological Genus Characterisation, Clinical Features, and Outcome in Patients of COVID-19 Associated Mucormycosis : A Single-centre Cross-sectional Study	Dr Sneha Gupta Dr Rushika Patel Dr Nita Gangurde Dr Ashok Vankundre Dr Shreeya Kulkarni	Journal of Clinical and Diagnostic Research 2023,Online (1-5) November, 2023 Volume 17 Issue 11 https://www.doi.org/10.7860/JCDR/2023/65471/18698	Pubmed
6	Surgical management of different parotid swellings: our experience	Dr Shashikant Anil Pol Dr Rushika Patel Dr Shreeya Kulkarni Dr Suramya Dhamija	International Medical Journal ISSN:13412051 Volume 30 Issue 05 May 2023 8951-8955	Scopus, DOAJ, Index Copernicus, Cross ref

7	Age no bar! Marsupialize frontal sinus mucopyocele to save the vision: A case report	Dr Suramya Dhamija Dr Shashikant Anil Pol Dr Rushika Patel Dr Shreeya Kulkani	International Journal of Frontiers in Medical and Surgery Research ISSN:2783-0489 (Online) Volume 3 Issue 01 Page 049-052 https://doi.org/10.53294/ijfmsr.2023.3.1.0058	DOAJ, Index Copernicus, Cross ref
8	A surgical conundrum: Managing primary tracheal adenoid cystic carcinoma with preservation of larynx	Dr Nirmala Yamgar Dr Shashikant Anil Pol Dr Rushika Patel Dr Shreeya Kulkarni	International Journal of Frontiers in Medical and Surgery Research ISSN:2783-0489 (Online) Volume 3 Issue 01 Page 017-021	DOAJ, Index Copernicus, Cross ref
9	Surgical Management of Unusual Nasal Masses: A case series	Dr Nirmala Yamgar Dr Shashikant Anil Pol Dr Shreeya Kulkarni Dr Rushika Patel	Journal of Clinical Otorhinolaryngology ISSN: 2692-9562 Volume 5 Issue 03 2023 (Online) DOI:10.31579/2692-9562/086	Cross ref
10	Sudden Vision Loss: More than Just an Ophthalmic Diagnosis! A case report	Dr Bhakti Padghan Dr Shashikant Anil Pol Dr Shreeya Kulkarni Dr Rushika Patel	Research and Review of Infectious Diseases ISSN:2643-6051 Volume 6 Issue 1 167-169 2023 DOI: 10.36959/719/586	Cross Ref

11	Intra-Tympanic Dexamethasone Therapy via Grommet Insertion for Improved Auditory Outcome in Sudden Sensorineural Hearing Loss	Dr Pushkar Lele Dr Rushika Patel	Indian Otolaryngol Head and Neck Surgery 2023;(Online):1–6 January ISSN: 2231-3796 (Print) 0973-7707 (Online) https://doi.org/10.1007/s12070-022-03464-9	Pub-Med Indexed
12	Clinical Profile and Outcome of Head and Neck Abscesses in 68 Patients at a Tertiary Care Centre	Dr Preeti Dudhe Dr Shreeya Kulkarni Dr Kiran Burse Dr Rushika Patel	Indian Otolaryngol Head and Neck Surgery 2023;(Online):1–6 January ISSN: 2231-3796 (Print) 0973-7707 (Online) https://doi.org/10.1007/s12070-022-03409-2	Pub-Med Indexed
13	Effects of wearing face masks during COVID- 19 Pandemic: A Cross-sectional Study	Dr Shreeya Kulkarni Dr Rushika Patel Dr Chaitanya Bharadwaj Dr Ojas Kulkarni	International Journal of Medical Science in Clinical Review and Research 2022 ;Volume 5 Issue 6 751-759 ISSN:2581-8945 https://doi.org/10.5281/zenodo.7133379	Index Copernicus
14	“Retrospective analysis of patients with complicated CSOM at tertiary care centre: A study of 79 patients”	Dr. Rushika Patel Dr. Shreeya Kulkarni Dr. Chaitanya Bhardwaj Dr. Vandana Sancheti DR. K.S.Burse	MVP Journal of Medical Sciences. 2021 Feb- 17,Vol-8 Issue-1 ISSN (Print) : 2348–263X ISSN (Online) : 2348-2648 https://doi.org/10.18311/mvpjms/2021/v8i1/255	Index Copernicus I-scholar Google scholar
15	A Comparative study between the use of temporalis fascia & fascia	Dr. Rohan Gupta Dr. Shreeya Kulkarni Dr. Kiran Burse ³ Dr. Chaitanya Bharadwaj	MVP Journal of Medical Sciences July-Dec 2020 Vol.-7, Issue-2 ISSN (Print) : 2348–263X ISSN (Online) : 2348-2648	Index Copernicus I-scholar Google scholar

	lata as graft during Tympanoplasty performed in a tertiary care centre	Dr. Vandana Sancheti Dr. Rushika Patel	https://doi.org/10.18311/mvpjms/2020/v7i2/24545	
16	Role of Pterygopalatine fossa block intraoperative heart rate & blood pressure during endoscopic sinus surgery at a tertiary care centre	Dr. Saloni Rasoni Dr. K. S. Burse Dr. Shreeya Kulkarni Dr. Chaitanya Bhardwaj Dr. Vandana Sancheti ⁵ Dr. Rushika Patel	MVP Journal of Medical Sciences July-Dec 2020 Vol.-7, Issue-2 ISSN (Print) : 2348–263X ISSN (Online) : 2348-2648 https://doi.org/10.18311/mvpjms/2020/v7i1/24515 .	Index Copernicus I-scholar Google scholar
17	Craniofacial Fibrous Dysplasia: A Rare Disease	Dr. Chaitanya Bhardwaj Dr. Rushika Patel Dr. Shreeya Kulkarni Dr. K. S. Burse Dr. Vandana Sancheti	MVP Journal of Medical Sciences. 2021 Feb- 17, Vol-8 Issue-1 ISSN (Print) : 2348–263X ISSN (Online) : 2348-2648 https://doi.org/10.18311/mvpjms/2021/v8i1/322	Index Copernicus I-scholar Google scholar
18	Prospective Study of Audiological Analysis of Ossiculoplasty in cases of Chronic Suppurative Otitis Media	Dr. Rushika Patel Dr. Sumeet Kaur Ghai Dr. Shreeya Kulkarni Dr. Chaitanya Bhardwaj DR. K.S.Burse	MVP Journal of Medical Sciences. 2019 May 22;6(1):45-52. ISSN (Print) : 2348–263X ISSN (Online) : 2348-2648 https://doi.org/10.18311/mvpjms/2019/v6i1/18347	Index Copernicus I-scholar Google scholar

10. Research Paper Presentation in Conference -

Sr. No.	Title of Paper	Authors	Conference Details	ISSN/ ISBN/ UGC	National/ International
1.	Anterior canal BPPV, a rare variant of vertical canalolithiasis- series of 9 cases.	Dr Rushika Patel- Dr Pushkar Lele	MENTCON state ENT conference December 2022- Shirdi	-	State Conference

2.	Intratympanic dexamethasone therapy via grommet as treatment option for idiopathic sudden sensorineural hearing loss – study of 36 cases	Dr Rushika Patel Dr Pushkar Lele	MENTCON state ENT conference December 2022- Shirdi	-	State Conference
3.	Surgical Outcomes of patients of Parathyroid Adenoma excised by Focused lateral Approach- A series of 9 cases	Dr Rushika Patel Dr Pushkar Lele	MENTCON state ENT conference December 2022- Shirdi	-	State Conference
4.	Intratympanic dexamethasone therapy via grommet as treatment option for idiopathic sudden sensorineural hearing loss – study of 36 cases	Dr Rushika Patel Dr Pushkar Lele	IFOS Dubai ENT World Congress 2023 17-21 January 2023 Dubai	-	International Conference
5.	Surgical Outcomes of patients of Parathyroid Adenoma excised by Focused lateral Approach- A series of 9 cases	Dr Rushika Patel Dr Pushkar Lele	IFOS Dubai ENT World Congress 2023 17-21 January 2023 Dubai	-	International Conference
6	Anterior canal BPPV, a rare variant of vertical canalolithiasis- series of 9 cases	Dr Rushika Patel Dr Pushkar Lele	IFOS Dubai ENT World Congress 2023 17-21 January 2023 Dubai	-	International Conference
7.	Treatment outcomes of patients with injection laryngoplasty via thyrohyoid approach-a study of 12 patients	Dr Rushika Patel Dr Pushkar Lele	MENTCON state ENT conference December 2023 Mumbai	-	State Conference
8.	Intra-tympanic Steroid therapy for tinnitus	Dr Rushika Patel Dr Pushkar Lele	ISOCAN 2024 Agra November 2024	-	International Conference
9.	Bridging The Gap: Endonasal Endoscopic repair if CSF Rhinorrhea – A series	Dr Rushika Patel Dr Pushkar Lele Dr Mahesh Nikam	MENTCON state ENT conference December 2023 Nagpur	-	State Conference

	of 6 cases	Dr Shreeya Kulkarni			
10.	Endoscopic Transpterygoid Repair Of Sphenoid Sinus Sternberg Canal Cerebrospinal Fluid Leak	Dr Rushika Patel Dr Pushkar Lele Dr Mahesh Nikam Dr Shreeya Kulkarni	MENTCON state ENT conference December 2023 Nagpur	-	State Conference

11.Co-Curricular & Extra Curricular activity –

Active Runner and triathlete

Some of the achievements.

1. Gunners' Day run 2024, held on 22nd September 2024. Secured 3rd Position in Women's category of 31-45 years 12km category with timings of 1:08:32
2. MUHS Health run held on 19th October 2024. Secured 1st position in women's category of below 40 years 10km. Was also overall first in female's category. Timing of 0:56:38
3. Anjaneri Ultra Trail Run 2024 held on 1st December 2024. Secured 2nd position in 35-49 years women category 15km with timing of 01:41:31
4. Bergwoman 113 Triathlon, (1.9 km swim + 90km cycling + 21.1km running) held on 8th December 2024. Secured 2nd Position in female category of age group 31-40km and overall 4th rank in female category.
5. Lokmat Nashik Marathon 2025. Ran 21.1 km Half Marathon, secured 4th rank in neoveteran womens' category with timing of 02:09:13 held on 5th January 2025.
6. 9th National and 14th State level Nashik MVP Marathon 2025, held on 12th January 2025. Secured 1st rank in 5km run above 35 years women category with timing of 26mins 58 seconds.
7. Tata Mumbai Marathon 2025 held on 19th January 2025. Finished full marathon in 04:54:34.
8. Ran Nashik Road victory Run held on 16th Feb 2025, 10km with timings of 51:14
9. Tata Ultra Marathon 2025 held on 23rd February 2025. Finished Challenge hill run of 35 km and got 10th rank with timing of 03:55:30 and earning precious tata ultra jacket
10. Finish first Hyrox event of India in Mumbai on 3rd May 2025 single women category of 35-40 with timings of 01:41:55
11. Got Podium First Prize for Hyrox mixed double on 7th September 2025 with timing of 1:21:19 and completed mixed doubles in 1:33:24
12. Got Podium third in Olympic distance triathlon on 21st September 2025 in women's category.
13. Finished Ironman Goa 7.3 2025 (1.9 km sea swim + 90km cycling + 21.1km running) finished in 7hours 32 mins with age rank of 4th

12.Mandatory Trainings -

Name of course	Date of training	Place of training
Basic Course in Medical Education (BCME)	02/08/2023 to 04/08/2023	MUHS, Nashik
Curriculum Implementation Support Program III (CISP-III)	15/04/2024 to 16/04/2024	MUHS, Nashik
Basic Course In Biomedical Research	November 2021	Swayam Online
Basic Research Methodology Workshop	06/03/2025 to 08/03/2025	Dr Vasantrya Pawar Medical College, Nashik

